Emmanuel Willoughby Jr. Arrested For Murder, Fingers Friends

SAN IGNACIO TOWN, Cayo, Monday, April 4, 2011.

After successfully evading the long arm of the law for eleven days, the accused Emmanuel Willoughby Jr., 21 was apprehended on Friday, April 1 by Ladyville police while freely strolling the streets in Ladyville.

Sir Harry Appointed Belize’s Ambassador To The Vatican

BELIZE CITY, Thursday, April 7, 2011.
A more appropriate appointment could not have been made and so we commend whoever it was that made the first recommendation for the appointment of Mr. Henry “Harry” Lawrence, Owner/Publisher of the Reporter Newspaper, as our nation’s Ambassador to the High See (the Vatican).

Sir Harry, as we affectionately refer to him, is a devout catholic who worships at St. Ignatius Church in his neighbourhood.

A media release from the Government Press Office today informed that the Ministry of Foreign Affairs and Foreign Trade has approved the appointment of Mr. Henry Lawrence to the diplomatic post of Belize’s Ambassador to the Vatican.

Belize’s Ambassador To The High See H.E Mr. Henry Llewellyn Lawrence

He was identified from the all points bulletin/wanted poster issued by San Ignacio police shortly after the murder.

The accused who, prior to the incident, was residing with his brother-in-law in the Santiago Juan Layout Area of San Ignacio, is said to have reported fled to his mother’s house in Los Lagos community on the Northern Highway.

The accused was transported to San Ignacio where he spent the weekend during which he was interviewed by personnel from the Crimes Investigation Branch.

Reliable information indicate that he provided the police with a cautioned statement in which he pointed the finger squarely at the accomplice Shajeen Espat, 20, who on March 22, was arrested, not for murder but rather for conspiracy to commit robbery resulting from the cautioned statement he gave the police in which he named Willoughby as the person who actually murdered Lara.

The case has taken on a new twist as police have now prepared a murder charge for Espat which they intend to read to him when he is brought back to court on Tuesday, June 7.

In addition to murder, the accused Emmanuel Willoughby Jr. was additionally charged for aggravated burglary and for conspiracy to commit aggravated burglary.

In the absence of a magistrate in San Ignacio, the accused was transported to Magistrate court in Belmopan where all three charges were read to him by Magistrate Adolf Lucas Jr. He was remanded to the Central Prison in Hattieville. Like Shajeen Espat, the alleged accomplice, Willoughby is to be brought back to court on Tuesday, June 7, 2011.

Police Are Looking For WALTER MARTINEZ aka RUBEN LOPEZ “Bling” See Page 2

Happy Hour - From 5:30pm to 8:30pm
Beer & Stout - $2.50
Draft Beer - $2.50
Local Rum - $2.50 After 5 drinks, get one ”Free”

Tel: 663-1313

Check out our FACEBOOK page: Blue Angels Email: Blueangelsnightclub@yahoo.com
San Ignacio Police this week informs of the increasing reported cases of burglary which have been growing over the past several months. Although the thief might take anything of value from inside a house or motor vehicle, police say that items of preference are electronics such as Television sets, Computers (laptop & PC’s), Play Stations, DVD and PC’s), Play Stations, DVD and CD Players.

Sir Harry Appointed Belize's Ambassador To The Vatican

Ambassador Lawrence succeeds the late Ambassador Oscar Ayuso as Ambassador of Belize to the Holy See. Belize established Diplomatic Relations with the Vatican City on March 9, 1983. We take this opportunity to congratulate His Excellency Ambassador Henry Llewellyn Lawrence and to wish him only the very best in his new diplomatic mission.

San Ignacio Police this week informs of the increasing reported cases of burglary which have been growing over the past several months. Although the thief might take anything of value from inside a house or motor vehicle, police say that items of preference are electronics such as Television sets, Computers (laptop & PC’s), Play Stations, DVD and CD Players.

The police is discouraging citizens from purchasing stolen goods. They say that the charge for the handling of stolen goods is as just as harsh as the burglary itself.

In light of the increasing reported burglary, San Ignacio police is on the hunt for Walter Martinez also known as Ruben Lopez and “Bling”, residing in the Santa Cruz Area of Santa Elena Town, who they say could assist them involving many of these reported cases.
SAN IGANCIO TOWN, Cayo, Monday, April 4, 2011:

Acting upon information received today, at around 9:00 a.m. Crimes Investigation Branch personnel visited a farm about one and a half miles on the Paslow Falls road in Bullet Tree village where they found the lifeless body of a Hispanic girl hanging from the branch of a tree with a rope around her neck with both feet about three feet off the ground.

On the scene, police also found what appeared to be a suicide note written with charcoal on a nearby wooden picnic table.

The body was identified to be that of Daisy Cerda, 18, Belizean, fourth form student attending Mopan Technical High School in Benque Viejo Town and residing on Church Street also in Benque Viejo Town. The body was removed from the scene and transported to the San Ignacio Community Hospital where, at 10:15 a.m. that same day, it was officially pronounced dead by Dr Fidel Cuellar, the medical officer on duty at the time.

Subsequent police investigation reveal that the deceased left her home at around 5:00 p.m. on Friday, April 1, informing that she was going to the Kontiki Area, San Ignacio to spend the weekend with a female friend. The friend confirmed that she indeed arrived on Friday evening and that she left at around 9:00 p.m. on Saturday, April 2, in the company of a male friend and that was the last time the female friend saw her alive.

According to the police, the deceased was harboring suicidal tendencies for several months and that several agencies have intervened to assist and counsel her including, Benque Police, the churches in Benque and other governmental agencies.

In the latter part of February this year, she was cut down whilst hanging by the neck from a branch in the same area. She was resuscitated and transported to the Karl Heusner Memorial Hospital in Belize City where she spent several days recuperating. On this occasion however she actually succeeded in taking her young life.

This incident has sparked serious police investigation into reports of the existence of an EMO (Emotional) cult operating inside Benque Viejo Town. Police is also following up reports that the Benque Viejo group is actively seeking to establish a branch in San Ignacio and that some of the prospective vulnerable members are beginning to display EMO tendencies, like hanging out on weekend nights inside the San Rita Cemetery in San Ignacio Town.

The police are committed to regularly patrolling the area in an effort to disrupt the activities of this group.
BY: Jane Hall
Cornerstone Foundation Volunteer

Millions of people in countries around the world have fond memories of reading The Cat in the Hat by Dr. Seuss. Most didn’t purchase the book; they borrowed the book from a library. Dr. Seuss said, “The more that you read, the more things you will know. The more that you learn the more places you’ll go.”

San Ignacio has a beautiful new library that opened on November 3rd, 2010. The San Ignacio Rotary did a fantastic job in providing shelves, tables, chairs, computers, desk, fans, air-conditioning, etc. I find the chairs to be the most comfortable in town. The library is located in the old meat market on Riverside Street. The project was done in collaboration with Social Investment Fund, San Ignacio Rotary Club, San Ignacio/Santa Elena Town Council, Government of Belize and the National Library Service. The Jacksonville Rotary Club of Florida donated over 2,000 children’s books out of a 76,000 pound shipment of textbooks and the United States Navy brought the books to Belize. All of the above have spent time and money to create a library for the people of San Ignacio and surrounding areas to use.

Libraries have existed for thousands of years. The oldest organized library yet discovered was in the ancient city of Ebla, Syria. Approximately 2,500 years before the birth of Christ, this library had more than 20,000 clay tablets housed there just for the cities select people.

All of the citizens of San Ignacio, Santa Elena and surrounding communities, as well as the wider Belize, have the choice to use the library free of charge. The San Ignacio Town Library belongs to you. The best way to show your appreciation to those who created it is to use it.

Parents and grandparents take your child to the library and help them learn how enjoyable it is to read.

Television, computers, electronic games, etc. are often the choices children make for their leisure time activities. However, reading to your children each day is an important contribution for you to make towards your child’s love of reading and academic success in school.

In talking with parents, they have often told me that they don’t have time to read to their children. My response is that we make time for that which is important. When children look back on their childhood, one of their favorite memories isn’t that their mothers had clean homes, but that their mothers/fathers read to them each day. Of course it is important to have a clean home, clean clothes, and healthy food, but it is also important to introduce your child to the wonderful world of books and keep them reading.

Parents also say they are afraid their child will damage or lose a book. Responsibility is a positive quality to instill in children. Parents can help by having a designated spot for their child to safely keep library books when they aren’t being read. Books aren’t the only things borrowed during one’s lifetime. Children need to understand that that which is borrowed must be returned.

People also tell me that they have books at home for their children, and they don’t need a library.

For two years I was a volunteer at St. Andrew’s Anglican Primary School in San Ignacio where I created a school library and was the librarian. By the time I left, the students were checking out more than 2,000 books per month. The majority of these books were checked out by students from Infant 1 to Standard 2. This shows that if you offer books at an early age, the children will enjoy reading.

One little girl in Infant 1 checked out almost 200 books during the school year. Her mother told me her daughter wouldn’t return the books until they had been read to her. Because her parents read to her, this little girl will read to her own children some day. It wasn’t just students who had no books at home that checked out books, but it was also students who had many books at home. Wouldn’t it be great to have large number of books being checked out each month from your town library?

The library is open Monday-Saturday. The Monday- Friday hours are 9 AM – 7 PM. Saturday hours are 9 AM - 1 PM. Come to the library.

Bring your children. The library has newspapers that you can read in a relaxing environment on the deck overlooking the river. Use the library and be an important person in helping educate your child. If you do this, you will reap many rewards and never be disappointed that you chose to use the library.

BELIZE WATER SERVICES LTD.
PRESS RELEASE

Belmopan City - April 07, 2011:
Restoration of Water to Belmopan Water System

Over the last week, Belize Water Services Limited has encountered several challenges within the water distribution system in Belmopan and the surrounding areas. These have now been overcome and full service has been restored to the entire system.

Some of the challenges experienced were:

- An electrical burn-out of the main raw water intake pump - which then reduced the water treatment plant output significantly.
- The resulting drawdown of the storage tank supplying Belmopan City then led to reduced pressure and subsequent water outages.
- Several incidents of broken mains occurred as water was restored at high pressure to try to minimise outage times.

All of these during a period when the demand is at its highest due to the dry and hot weather conditions.

BWS informs customers that our services are now fully restored and that the pressures should be back to normal. Any customer who experiences any problem with their water supply is asked to please contact us immediately at 0-800-CALL-BWS (0-800-225-5297).

The general public should be aware that these recent problems are not related to the recent addition of Cotton Tree unto this water system. The Belmopan water treatment plant has been upgraded to adequate capacity to meet the growing demand of the area. The interruptions experienced were due to a combination of unusual circumstances. Customers may also report any leaks or concerns to our Belmopan Branch office at Telephone Number’s 822-2400 or 822-3727.

BWS thanks customers for their patience and understanding shown during the period of these inconveniences.

To report Leaks call – 0-800-BWS-LEAK (0-800-297-5325)
Belize Water Services Ltd. – Delivering water and more...
For more information regarding this or any other BWS Release, please contact Tel: 222-4757 Ext. 234

MONTERO’S LUMBER YARD
TEL: 824:2959
Also providing top quality Dressed & Rough, Hardwood and Mahogany Lumber, Sand, Cement, Steel, Plywood, Celotex, Roofing, Doors And A Whole Lot More.
Now Offering 6” Cement Blocks For only $1.10
Efficient Service and Low Prices Everyday!

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An official ceremony was held on Friday, March 18, 2011 in Belmopan at the Ministry of Foreign Affairs Training Room for a Grant Agreement between the World Bank and the Ministry of Health.

The objective of the grant is to improve the health and nutrition of children in communities in Toledo, Belize through an early childhood development approach.

Specific components of the Project to be implemented through the grant includes addressing and preventing malnutrition in children under 5 years of age by empowering the local community and promoting behavior change by increasing the understanding of community's attitude and perception towards health.

The grant, which is in the sum of USD 2,752,894.00 was received by the Minister of Health, Hon. Pablo Marin to be used over a five-year period, for project implementation by the Toledo District Health Council.

The Ministry of Health advises the general public that in very hot weather it is important to keep in mind that persons of all ages can suffer a Heat Stroke.

Heat Stroke is the most severe form of heat related illness. Heat Stroke is not necessarily caused by exercise or dehydration. High temperatures, lack of body fluids and overexposure to the heat and sun can all bring about a heat stroke. Red flushed skin is one of the first sign to look for in a person suffering from a heat stroke.

Sometimes people experiencing heat stroke do not sweat. Other signs include a body temperature of 102 – 106 degrees or higher, seizures, headache, a rapid pulse and sometimes unconsciousness. Children and elderly persons are more vulnerable.

Avoid suffering from heat stroke by drinking plenty of water, stay in a place where there is plenty of airspace, stay in shaded areas, also use light colored and loose fitting clothing.

Heat stroke is a medical emergency, anyone exhibiting the signs and symptoms of heat stroke should be rushed to the nearest health center or hospital.

The Ministry of Health and Education in collaboration with the Pan American Health Organization (PAHO) and UNICEF has concluded the first phase of hosting the Annual National ADM Secondary School Nutrition Quiz Competition.

Minister of Health, Hon. Pablo Marin and the staff of the Ministry of Health congratulate all the winners as they proceed to the National Finals of the Secondary School Nutrition Quiz Competition scheduled for May 12th 2011 in Belize City.

The competition is funded annually by the ADM Belize Mills Limited, the respective ministries, PAHO and UNICEF. Winners of the National competition will then proceed to compete in the Regional Nutrition Quiz Competition organized by the Caribbean Food and Nutrition Institute (CFNI).
One of the participants was a woman who successfully participated in the second cohort of the Women In Politics Project. One of the participants was Mrs. Tracy Taegar Panton, General Manager, Belize Natural Energy Trust, who was invited by her peers to deliver the graduating class address.

Here is Mrs. Panton address to the gathering of special invited guests, graduates from cohort 1, family, friends and fellow cohort 2 graduates:

I have been nominated by my peers to re-cap in 5 minutes or so on my journey through the Women In Politics Project over the past 5 months. A tall order but one that I am distinctly honored to attempt on behalf of my colleagues.

Two weeks ago, the younger of my two daughters, who has always displayed keen interest in politics, inquired: “Mom why did you sign up for the Women In Politics Project?” Curious as to what prompted this question I asked her why she thought I did. She could not fathom that I would actively pursue political leadership, although she envisioned a career in politics for herself a few years down the road. I am certain, my colleagues all 22 strong, have been able to consistently break barriers and have been the backbones of our respective political organizations and received valuable input on crafting effective strategies for political success.

Yet another conceded that all this “talk” by the respective political parties in support of women in key decision making roles is merely window dressing. Not a single one expected to see changes now.

There were passionate debates; outright disagreements; and several opportunities for us to build consensus on the issues that are most important to us as women. We took time to conduct our own field research, to gather valuable data on the views and opinions of key decision makers who have a responsibility for their own lives and the people they represent. The process we take to achieve the goals is equally important. We are able to multi-task and effectively manage several moving parts at the same time.

We are prudent fiscal managers and are great consensus builders. While our male counterparts are focused on the end goal, we recognize that the process we take to achieve the goal is equally important. We will not fathom that I would actively pursue political leadership, although she envisioned a career in politics for herself a few years down the road. I am certain, my colleagues all 22 strong, have been able to consistently break barriers and have been the backbones of our respective political organizations and received valuable input on crafting effective strategies for political success.

We are able to multi-task and effectively manage several moving parts at the same time.

This journey began in November 2010. The group of women seated on my left, hail from as far south as Toledo to our northern most District Corozal and from several villages and towns in between. We are a diverse group of women with different interests, political persuasions, life experiences, educational backgrounds, cultural and religious beliefs. We are daughters, wives, mothers, educators, health care professionals, humanitarians, lawyers, economists, community activists, transport- portation providers, students, musicians, entrepreneurs and public officials. As different as we are, we share a common dream that one day this country we call BELIZE, will realize its full potential where men and women will be able to work side by side, hand in hand to establish the priorities that will not only guide our development as a people but more importantly shape our democracy. It is not acceptable for us to be ranked in the very last position on the Global Gap Index in the area of political empowerment of women.

While we can find 31 good arguments for why women should not be heard. There cannot be true democracy unless women’s voices are heard. There cannot be true democracy unless women are given the opportunity to take responsibility for their own lives.

I conducted an informal poll, the data on the views and opinions of key decision makers who have a responsibility for their own lives and the people they represent. The process we take to achieve the goals is equally important. We are able to multi-task and effectively manage several moving parts at the same time.

There were passionate debates; outright disagreements; and several opportunities for us to build consensus on the issues that are most important to us as women.

Mrs. Tracy Taegar Panton, General Manager, Belize Natural Energy Trust
A visitor to Sacred Heart College in San Ignacio paused to admire the new Edgell Hall built on campus.

“It’s a pleasure to see a building named after Zee Edgell,” he said.

“Actually,” said the Principal, “it’s named for Joe Edgell. No relation to Zee I am told.”

The visitor was astonished. "Was Joe Egell a writer, also?"

“Yes, indeed. He sure was” responded the Principal promptly. "He wrote the check."

Harry took his girlfriend on vacation to visit his family in Texas. He took her to her first ever football game. After the game he asked her how she liked it.

“I liked it, but I couldn’t understand why they were killing each other for 25 cents,” she said.

“What do you mean?” he asked.

“Well, everyone kept yelling, ‘Get the quarter back!'”

BELIZE NATIONAL HAEMODIALYSIS PROGRAM
The José Cruz Dialysis Unit - La Loma Luz Adventist Hospital

BNE IS PROUD TO BE A KEY PARTNER IN THIS HISTORIC PROJECT
EMO (Emotional) Why No Child Is Safe From This Sinister Cult (Continued From Page 7)

Hannah’s parents, who live in Kent, noticed scarring on the inside of her wrists.

When they questioned her about it, honest and open as ever, she told them she’d inflicted the wounds herself and that it was part of an emo “initiation ceremony”.

Only after her death would they discover how she had secretly chatted online to emo followers all over the world, talking about death and of the “black parade”? a place where emos believe they go after they die.

A check of Hannah’s home page on social networking site Bebo revealed her pseudonym, Living Disaster, and that she’d decorated it with a picture of an emo girl with bloody wrists.

Another picture showed a child’s exercise book scrawled with the words: “Dear Diary, today I give up.”

While Hannah’s wrist injuries may have been slight, the issue of self-harm among adolescents is causing growing concern in British schools.

My Chemical Romance made it to No.1 in the UK chart with “The Black Parade in No.1 in the UK chart with My Chemical Romance made it to No.1 in the UK chart with My Chemical Romance made it to No.1 in the UK chart with My Chemical Romance made it to No.1 in the UK chart with My Chemical Romance made it to No.1 in the UK chart with My Chemical Romance made it to No.1 in the UK chart with

suicide. While there is a multitude of reasons for this epidemic (exam-related stress and bullying to name but two), it is hardly surprising that the emergence of a sub-culture that appears to glamorise self-harm and even suicide is being regarded with alarm.

Inevitably, criticisms of emo culture are laughed off by those who consider themselves to be at the heart of it.

It’s just a music thing, they say, and anyone who takes it further has something inherently wrong with them.

“If you listen to the lyrics, you will see there is nothing that promotes suicide; and even if there was, no right-minded person would listen to it and think: ‘Now I’m going to kill myself.’ ” a self-confessed emo wrote last week on a music website following the inquiry into Hannah’s death.

“I don’t think anyone can say that there is a link between emo and suicide? it’s just a myth.

“Emo has become an easy target for ridicule like this; but the bottom line is emotional does not mean suicide.”

That is true, of course. But as any parent will tell you, adolescent children can be highly irrational. They are also easily influenced and may be ill-equipped to deal with powerful emotions that can be magnified by a sense of “membership” to a sub-group that revels in self-pity.

It is something that Lorraine Harrison is all too aware of. She has three daughters, the youngest of whom is 11-year-old Levi, a girl who classes herself as emo. Recently, Levi asked her mother: “Just why do people kill themselves?”

“When she asked me that, it made me shudder,” says Lorraine, 46, from Alston in Cumbria. “I managed to keep calm and explained to her that people’s minds are very disturbed, and often they don’t really want to die. But inside I felt sick with worry that Levi is thinking about such things.”

From being the sort of girl who dressed in pink and played with Barbie dolls, now Levi will wear only black.

Her favourite T-shirt is patterned with skulls, and she spends hours in her room listening to music by My Chemical Romance.

“Their lyrics seem to be associated with depression and self-harm, and I feel shock when I listen to them,” says her mother. “Levi seems to have gone from being a lively girl who enjoyed having friends around, to someone who has become quite introverted.”

When the topic of suicide was raised, Lorraine became so concerned that she telephoned Levi’s father. David, from whom she is separated.

“He reminded me that I used to be a rebel, too,” says she. I was a punk rocker for a while, and he reassured me it was probably just a phase that Levi would grow out of. “But I don’t feel it is like the punk rock movement. That was about a zest for living and seeing life from a different angle. We didn’t have it as dangerous.”

Efforts to snap Levi out of her emo torpor have so far met with little success. Before Christmas, Lorraine bought her daughter a wardrobe of brightly-coloured designer clothes and jeans, but they have barely been worn.

She has banned Levi from dying her hair black, but is worried about clamping down further in case it causes further rebellion.

BELIZE CITRUS Growers Association
Citruss Research & Education Institute (C.R.E.I.) • Administrative, Financial, Sales Division

OBJECT: NOTICE OF SPECIAL MEETING OF MEMBERS OF THE CITRUS GROWERS ASSOCIATION

NOTICE IS HEREBY GIVEN to all members of the Citrus Growers Association that the Committee of Management of the Association has called a special meeting of members on Saturday, April 16th, 2011 at 9:30 am, at 9 miles, Stann Creek Valley Road for the purpose of transacting the following business:


2. Update on Implementation of Arbitration Recommendations, Re: 822.599 discrepancy in pound solids between factory and pound solids lab for orange, sanctioned by the Citrus Control Board.

3. Update on Fruit Prices.

Executive Secretary
April 6, 2011
Attention Drivers!
New Regulation Prohibits Heavy Tint

The Department of Transport hereby notifies all vehicle owners, dealers, importers and tint-shop operators that effective **June 1, 2011** no vehicle can be driven or parked on a public road if it has any tint that does not fall within the following restrictions:

**Windshield:**
A. NOT less than 50% Visible Light Transmission (VLT)
B. Only Non-Reflective Tint NOT more than 4 inches from the top

**Front & Rear Windows and Rear Glass:**
A. NOT less than 20% Visible Light Transmission (VLT)
B. Reflective or Non-Reflective Tint of any Colour

This is in Accordance with Section 3 of the Motor Vehicles and Road Traffic (Tinted Windows) 2011 Regulation which states as follows:

3. Subject to Sub Regulation (2) and Regulation 4, no person shall use, or cause or permit another person to use, a motor vehicle on a public road if its windscrean, rear glass or any of its windows is tinted or otherwise treated, in a way that is likely to impede sight, from outside the vehicle, of a person or thing inside the vehicle.
As a former Police Officer in the Belize Police Force in charge of the Criminal Investigation Branch in the Orange Walk District dealing with some of the most brutal murders in our country, I think that the time has come for government to appoint a Commissioner of Police with vast experience in criminal investigations.

Up to the 1980’s, Police Officers underwent six months training in Police Duties, Traffic, Criminal Law, Immigration, Evidence, Weapons Handling, Self Defense, Physical Education and First Aid. The Traffic and Immigration Departments were later separated from police duties so I do not know what are the new methods of training in today’s police academy.

When I joined the Police Force in 1973, shortly thereafter a police truck came to the Training School in Ladyville with a group of musicians under the command of one Sergeant Anderson. Among these men was our current Commissioner of Police Crispin Jefferies. The members of the police band, as they were known; because of their musical talents did not go through regular police training but were instead issued with police regulation numbers and uniforms. They played music all day long under the tent that was built right next to the football field on the compound. As time went by, many of these same men slipped their way into the regular Police Force. They were subsequently promoted through the ranks. Many of them encountered difficulties in performing police duties simply because they had no formal police training.

It is a well known fact some former Commissioners of Police were appointed to the top job, not because of their professional qualifications or competence but rather because of the relationships they developed over the years with our country’s politicians from both the United Democratic Party and the People’s United Party.

After their appointments by these politicians, they felt obligated to them and did little in the best interest of the Police Force but more to satisfy the politicians and their political party’s needs. This is one of the biggest problems plaguing the Belize Police Force why many members are afraid to carry out their duties without fear of repercussions from their superiors or politicians.

Police Officers should have no fear in enforcing the laws of the land against any individual who has broken it despite his or her status in the country.

Now we have a situation in Belize where crime is out of control, a situation where the criminals and gangs have taken over the streets of Belize City and pretty soon they will spread to the rest of the country if they are not halted now.

We have heard about several programs and initiatives to crack down on crime in Belize but they are not working. People do not want to hear about more programs and initiatives while their love ones are dying daily. They want these killings to stop.

I heard one Minister say a couple months ago on Love FM, that they know who all the gang leaders in Belize are. Well if this is the case, why can’t these people be locked up for “Unlawful Assembly” or other crimes so that others who are thinking about forming gangs will not even think about doing so in the present or future.

When Crispin Jefferies replaced Gerald Westby as Commissioner of Police I knew from the beginning that it was bound to fail. Since the change in command of this crime situation in Belize has gotten worse as incidents of murder increased sharply over the last two years.

There has been several attempts by the Belize Police Force and the Government of Belize to portray the image that crime is reducing but nobody in Belize is going to believe those statistics or even try to entertain them. A person’s life is valuable, it cannot be replaced as is the case with theft or damage to someone’s property. The wanton loss of human life to rampant crime and violence makes any government or Police Force very unpopular.

I have looked at the current top brass of the Belize Police Force and there is only one person who, in my view, possess the Criminal Investigation background to stop these murders in Belize City and he is Deputy Commissioner James Magdaleno. I was informed that Commissioner Jeffries’ contract expires at the end of May this year. While Magdaleno is slated to proceed on pre-retirement leave within the next two weeks. If the government could have re-employed the retired Crispin Jefferies on contract, why cannot the same be done for James Magdaleno. It’s a position Magdaleno has always wanted.

To this I say, give him a chance. Give him three months to prove his worth and if he is not pulling his weight then he should be put to pasture without delay.

Word is that the Government of Belize is now looking overseas, possibly towards the Caribbean, for a new Commissioner of Police. In this endeavor we must move carefully least we end up with an individual who knows nothing about Belize, its culture and by extension its crime patterns.

There is a high probability that in the absence of formal police training, the current Minister of Police could be misled with unreliable information by advisors with intent on portraying the image of all things are fine and dandy. I say this with no disrespect to the Hon. Minister of Police and Public Safety but rather out of legitimate concern for the loss of so much needed revenue and foreign exchange.

The bottomline in this discussion is that criminal intelligence is badly needed because crime prevention is always better than crime investigation. We must get these criminals before they commit more brutal and vicious crimes against our fellow citizens.

Editor’s Comment: Facts are indeed stubborn things. The harsh reality is that the situation currently confronting the Belize Police Department, with Government now having to look overseas for a top cop, is much of its own making. The Department has consistently failed, over the years, to recruit young energetic and educated Belizeans into its ranks. One has only got to look at the educational qualification of the current top brass to confirm this reality which, apart from Assistant Commissioner Elodio Aragon Jr, leave very much to be desired. We trust that a lesson has now been learnt and that immediate corrective action is instituted.
Home Remedies For Fast Flu Relief

Most of these home remedies have been used to treat flu symptoms for generations, and may help ease your symptoms as your body fights the flu virus.

Match your flu symptoms with the specific home remedies that help treat these symptoms. Also, keep in mind that if you have flu symptoms, it’s a good idea to call your doctor. If taken within 48 hours of the onset of flu symptoms, flu medications may be able to shorten the duration of flu symptoms. The widespread body aches and a fever over 102 degrees are good indicators of the flu.

Breathe Aromatic Steam
Fill the bathroom or kitchen sink with steaming water, and add two teaspoons chopped fresh ginger (Zingiber officinalis). Drape a towel over your head and lean over the steam to gain maximum benefit. Or add one teaspoon of the over-the-counter ointment Vicks VaporRub® to the steaming water, then breathe in the steam for several minutes until you get relief. Another flu remedy is to add a few drops of oil of eucalyptus (Eucalyptus globulus) or menthol to the water. Eucalyptus is known to open up bronchial tubes, ease congestion, and make breathing easier.

Take a Warm Shower
Getting in a warm shower with the bathroom door closed works as your own personal sauna. The steamy bathroom helps to open your airways and moisten and thin the mucus in your sinuses.

Increase intake of Liquids
Stay well-hydrated by drinking at least 8 cups (64 ounces) of water each day. Water keeps your respiratory system hydrated, which helps to liquefy thick mucus that builds up with a respiratory infection. Some find that hot liquids may be superior to cold liquids in upper respiratory infections. Other liquids can be added, but don’t depend on coffee, tea, or alcoholic beverages as these liquids may cause dehydration.

Use Moist Heat Compresses
If your head is throbbing and it is breathing difficult with your nose, you may find relief by applying warm moist compresses to the cheeks and sinuses. If you use moist heat, make sure it’s not too hot to avoid skin injury.

Flu Symptom: Stuffy Nose
Nasal Saline Irrigation
A host of scientific studies support saline nasal irrigation as an effective flu remedy to thin mucus, decrease postnasal drip, and add moisture to dry mucus membranes. In addition, the saline nasal rinse helps to remove virus particles and bacteria from your nose. Here’s a popular recipe that you can try at home:
1. Mix 1/4 teaspoon salt and 1/4 teaspoon baking soda in 8 ounces of warm water.
2. Use a bulb syringe to squirt water into the nose.
3. Learning over the bathroom sink, hold one nostril closed by applying light finger pressure while squirting the salt mixture into the other nostril. Let it drain and gently blow your nose.
4. Repeat 2-3 times and then treat the other nostril.

You can also use a Neti Pot for nasal saline irrigation. A Neti pot is a ceramic container that looks like a genie’s magic lamp and is available at most natural foods stores.
1. Fill the Neti pot with the saline solution (see recipe above).
2. Leaning over the bathroom sink, tilt your head to one side and pour the solution directly into one nostril with the Neti pot.
3. The solution will go into your nasal cavity and run out the other nostril and the back of your throat.
4. Spit out the drainage, and gently blow your nose to clear your nasal passages.

Saline (Salt Water) Nasal Sprays
Saline nasal sprays can be purchased over the counter at any drug or grocery store and are effective, safe and nonirritating, even for children. Spray the saline solution into one nostril and then gently blow the mucus and saline out of that nostril. Repeat the process in the opposite nostril until both are running clear.

Decongestant Nasal Sprays
If you want immediate relief for a swollen, congested nasal passage, decongestant nasal sprays such as oxymetazoline (Afrin®) and phenylephrine (Neo-Synephrine®) may be helpful. Decongestant nasal sprays are safe to use, but it’s important to stop the spray after three days to avoid the development of rebound congestion (congestion that worsens when you stop the spray). This warning is on the bottle of most over-the-counter decongestant sprays.

Flu Symptom: Cough
OTC Cough Syrup
Try an over-the-counter cough syrup to calm a cough with flu. You can select from a cough suppressant, expectorant (guaifenesin), or topical medicine (a menthol rub for the chest). If you have asthma or other lung disease, avoid suppressing your cough. Talk to your doctor to see what might be helpful in your situation. Over-the-counter cough and cold medicines should not be given to children under 4.

Suck Cough Drops or Hard Candy
Keep sugar-free cough drops or hard candy nearby to calm a tickle in your throat with the flu. In addition, a teaspoon of honey might also help calm an irritated throat.

Flu Symptoms: Scratchy Throat and Congestion
Hot Chicken Soup
If the flu has taken its toll on your throat, and it’s hard to swallow without grimacing, sip some hot chicken soup. Hot chicken soup is a potent mucus stimulant, especially when it’s loaded with pepper, garlic, hot

Tracy Panton Address - Cohort 2 - Women In Politics

Continued From Page 6

In the words of Susan B. Anthony: “The day will come, and may I add very soon, “when men will recognize a woman as his peer, not only at the fireside, but in councils of nations. Then, and not until then, we shall be a perfect comrade ship, the ideal union between the sexes that shall result in the highest development of the race.”

In closing, I wish to thank the Women’s Commission and its partner UNIFEM for taking the lead in finding long-term strategies that will help us to raise the bar in the political discourse. As we have heard before, this Project was designed to create opportunities for women seeking political leadership. The Program has accomplished what it set out to do: it has informed; it has empowered; and it has inspired. Thank you.

I wish to acknowledge all the women in Cohort II, our colleagues and actions to finding the balance and to serving then with a huge, committed to the service of others. I wish to personally recognize Ms. June Young, Mrs. Shari Williams-Cadle and Ms. Earth Lopez who have all offered themselves as potential candidates for upcoming elections both at the municipal and national levels. We are proud of you and stand ready to support you in this endeavor. We are all cognizant this is an arduous task but, there is little value in that which is not an achievement through hard work.

Finally I wish to acknowledge the presence of my mother, Dr. Andrea Taegar, who has served as an exemplary role model all my life. She has influenced me and molded me into the woman I am by the way she has lived her life. She has taught me that there are really no limits as long as I remain true to myself. She is the finest example I know of woman that is committed to the service of others and to serving then with a huge, generous heart.

A wise person once said: “Let us not demand of ourselves that we alone must be the agent of change. In a fire brigade everyone passes along a bucket, but only the last person puts out the fire. None of us know where we stand until then. We may be here simply to pass a bucket or be called upon to play a major role.”

Let us direct our thoughts, words, and actions to finding the balance that we seek. I borrow from the motto of the Special Olympics, when I say: “Let us be brave in our attempt.”

My sincere congratulations to my Colleagues, the President, Board of Directors and Executive Director of the Women’s Commission for a job well done.

As we chart the way forward may we always seek the guidance and wisdom of the Holy Spirit.

I Thank You
CANCER: June 21 to July 22

There may have been some reason for concern at the work place. Things may have resolved fairly now and you may be in an easier frame of mind. You should pay attention to any new contracts you enter into or new people you hire; terms of engagement must be clear. Lucky numbers: 05, 42, 68.

GEMINI: May 22 to June 21

This week brings out a streak of adventure and risk taking in you. There may have been some restlessness with regard to work but you must try to keep on track. Lucky numbers: 30, 55, 84.

LIBRA: September 22 to October 23

Work takes centre stage. However, the moves you make in this phase will be astute and powered by a desire to identify strengths and reduce any risks. You will have to take some tough decisions if you wish to realise your dreams. Lucky numbers: 18, 49, 72.

SCORPIO: October 24 to November 21

The coming week may be slightly tough on you, especially with regard to finances. You will need to sift out unnecessary expenses. There may also be a few people-related disappointments. However, that can be managed well if you learn to manage your expectations. Lucky numbers: 44, 56, 87.

SAGITTARIUS: November 22 to December 21

There will be opportunities this week that you could work to your advantage, provided you put in hard work. Success will be yours, but you must remember to hold on to humility. Arrogance and harsh words need to be guarded against. Lucky numbers: 11, 60, 75.

CAPRICORN: December 22 to January 20

You can look forward to some amazing results this week. There will be progress at work and progress in interpersonal relations too, leading to gains. You need to think twice about associating with people who may be around and drag you down with their negativity. Lucky numbers: 24, 36, 52.

AQUARIUS: January 21 to February 19

Interest in academic pursuits is highlighted in this phase. You have to think ahead before taking any action. You will realise this when you see how much mileage can be derived out of this one simple exercise. Lucky numbers: 10, 47, 63.

PISCES: February 20 to March 21

You are only thinking about materialistic gains. You plan to maximise your monetary gains. There may be reworking required on some existing plans and you do not flinch from the effort it will require. Personal relationships could suffer as you are too tied up with work. Lucky numbers: 41, 77, 96.

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Lucky numbers: 01, 21, 89.

LEO: July 24 to August 21

Some relationships may seem to be sapping you out. You desire newness and an exciting life in this phase and what better way than to meet new people from different cultures. Heartbreak is likely if you don’t watch your own attitude. Try to resolve any conflict amicably. Lucky numbers: 27, 48, 95.
San Ignacio & Santa Elena Municipal Easter Fair

MJ Vibrations

D.J. Diamond

Mechanical Rides

April 23rd & 24th

@ Victor Galvez Stadium

Marching Bands

Watermelon eating contest

Greasy Pole

Karaoke competition

Cash Prizes

Beer drinking competition

Strong man competition

Dance the night with the More F.M. Crew

Come Out & Have Fun
Belizean Websites Commit Search Engine Suicide

Dear Editor;

The Belizean sites now run by BTB and BVK beginning March 31st are slipping in Google already. No metags. No content in many of them. Missing images, stupid images not related to the page they are reading. Like some 8 year old is doing it. It's criminal. The BTB/ BVK combo are wrecking the Belizean Web Presence.

They killed ToucanTrail.com, which is the ONLY web presence for many small operators. I am begging to get that into my hands somehow so I can at least get that back up. I won't charge anyone a dime.

Socialism - A Critique

Instead of prosperity, socialism has brought economic paralysis and/or collapse to every country that tried it. The degree of socialization has been the degree of disaster. The consequences have varied accordingly.

When you consider socialism, do not fool yourself about it’s nature. There is no such dichotomy as “human rights” versus “property right.” No human rights can exist without property rights. Since material goods are produced by the mind and effort of individual men, and are needed to sustain their lives, if the producer does not own the result of his effort, he does not own his life.

To deny property rights means to turn men into property owned by the state. Someone, [Obama] claims the “right” to redistribute the wealth produced by others is claiming the “right” to treat human beings as chattel.

Only an individual man can possess rights, the expression “individual rights” is a redundancy. The expression “collective rights” is a contradiction in terms.

Any group or “collective” is only a number of individuals. A group can have no rights other than the rights of its individual members.

The principle of individual rights is the only moral base of all groups or associations. It was the concept of individual rights that had given birth to a free society.

It was the destruction of Individual rights that the destruction of freedom had to begin. [To be continued].

Ronald Garrison
San Ignacio, Cayo

Reader’s Write

I Will Boycott My Favorite Chinese Establishment For Two Days

Dear Editor;

I think I will boycott my favorite Chinese establishment for the next two days because no good deed should go unpunished.

I was inconvenienced for two days and while I sympathize with the Chinese, I must vote with my spending power since I have a choice too.

There are non-Chinese establishments I will seek out today and tomorrow to patronize. It’s nothing personal just a little reciprocity.

I believe that for starters, the Chinese should stop selling those weed rolling paper, philosophies, and other drug paraphernalia to the boyz in the hood. They should totally eliminate that element from the merchandize they sell.

I could have appreciated a shutdown in the city where the killings occur but why country-wide… come on….punishing their loyal customers across the entire country just does not seem right to me.

I believe that this was a poor strategy in deciding to flex country-wide.

This is just my personal comment.

Trevor Vernon, Burrel Boom, Belize District

The Deplorable Condition Of Our Beloved Primary School In Dangriga

Dear Editor;

I thought I was seeing things when I last looked at the deplorable condition of our beloved Sacred Heart Primary School in Dangriga.

After having read Wellington Ramos’ article in last week’s edition of the STAR Newspaper, I am assured I was correct.

When I attended Sacred Heart Primary School in Dangriga as a young kid, the school was in the shape of a Dangriga as a young kid, the school was in the shape of a Dangriga.

Present caretakers, the Claretian order of priests.

When Father Dominic tried to transfer 50 odd teachers without consultation, I knew then that they are off base as far as their dealings with Dangriga folks is concerned.

I thank Wellington Ramos for his enlightening article on the subject.

Marcus (Mark) Martinez

Room which was the term used in those days for kindergarten.

My days at Sacred Heart Primary School dates back to 1946. Certainly, Wellington’s research is accurate as stated in his article.

The Jesuits paid more attention to details than the present caretakers, the Claretian order of priests.

When Father Dominic tried to transfer 50 odd teachers without consultation, I knew then that they are off base as far as their dealings with Dangriga folks is concerned.

I thank Wellington Ramos for his enlightening article on the subject.

Marcus (Mark) Martinez

For Bi-Elections held in the Village/Community of La Democracia Village, Belize District on Sunday, April 3, 2011:

<table>
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<tr>
<th>NO.</th>
<th>CANDIDATE NAME</th>
<th>POSITION</th>
<th>NO. OF VOTES RECEIVED</th>
<th>ELECTED</th>
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<tr>
<td>1</td>
<td>Sheryl Coote</td>
<td>Chairman</td>
<td>45</td>
<td>Elected</td>
</tr>
<tr>
<td>2</td>
<td>Irma Jean Ramos</td>
<td>Chairman</td>
<td>30</td>
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</tr>
<tr>
<td>3</td>
<td>Glenda Estella Westby</td>
<td>Councillor</td>
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<td>Uncontested Elected</td>
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For Bi-Elections held in the Village/Community of Crique Jute Village, Toledo District on Sunday, April 3, 2011:

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<th>NO.</th>
<th>CANDIDATE NAME</th>
<th>POSITION</th>
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<th>ELECTED</th>
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<tbody>
<tr>
<td>1</td>
<td>Silvestre Delfino Cho</td>
<td>Councillor</td>
<td>23</td>
<td>Elected</td>
</tr>
<tr>
<td>2</td>
<td>Zita Teresita Tzac</td>
<td>Councillor</td>
<td>5</td>
<td>Elected</td>
</tr>
</tbody>
</table>
Belize Tourism Board Making Access To Information Easier For Tourists

BY: Clive Myers
BELIZE CITY, Wednesday April 6, 2011:

The Belize Tourism Board, (BTB) with the assistance of the Border Management Agency and under its new hospitality building initiative, presents the Information Kiosks Project.

Home Remedies For Fast Flu Relief
Continued From Page 11

Try OTC Nasal Strips
- This project, which originally commenced in January 2011 and is intended to have kiosks set up at various border points, seeks to augment the level of ease at which tourists can access necessary information about Belize.
- Currently the Belize Tourism Board has two functioning information kiosks: one at the Phillip Goldson International Airport and another at the Fort Street Tourism Village. However, the project intends to establish four additional kiosks at all cardinal border points across the country as follows at the Western Border Station in Benque Viejo, Cayo; At the Northern Border Station in Santa Elena, Corozal; At the Southern Border Station in Punta Gorda, Toledo and at the Eastern Border Station in San Pedro, Belize District.
- Through this project, BTB can ensure that proper assistance is given to all visitors; thereby, ensuring that their arrival experiences are as smooth and memorable as possible.
- In making these much-needed kiosks a reality, the BTB will build the new Information Kiosks in 2 phases. The kiosks at the Northern and Western border stations, which are scheduled to be completed in May, will be constructed first. The BTB anticipate that this project will be well received by all, and it will serve to greatly enhance the level of information services offered to travelers.
- For more information on the BTB and its services, visit www.belizetraveltrade.org.

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Notice to Citrus Growers
April 6th 2011

The CGA has been informed by the CBP of the following:

a. Final Payroll for March 30th to April 5th, 2011 checks will be released on the normal time and dates.

b. Final Payroll for April 8th to 12th, 2011: CBP will notify CGA at CBP, cash flow situation by Tuesday April 12th at which time it will confirm the payment date for this payroll.

For further information please contact your Association at 222-3385/3547.

Sunday, April 10, 2011 - STAR - Tel.: 804-4900 & 626-8822 & 626-3788 - Email:starnewspaper@gmail.com - Page 15

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