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TUESDAY- Puttanesca- (Whores Food) Oh so good. Fresh saute vegetables and herbs, capers and olives served over a bed of Pasta and fresh baked bread.

WEDNESDAY- Pollenta (Italian tamales) served with dinner salad and fresh baked bread

THURSDAY- Pasta Neapolitana- fresh saute vegetables, herbs and Bacon served over a bed of Pasta with fresh baked bread.

FRIDAY- Spaghetti Aglio E Olio made with roasted garlic herbs and cheese served over a bed of pasta, dinner salad and fresh baked bread

SATURDAY- PASTA E FAGIOLI - Italian soup made with fresh vegetables, beans and pasta and herbs, served with fresh baked bread. (Great for Hangovers)

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Sunday, November 16, 2014

Criminally I Commun

SAN IGNACIO, Cayo, Friday, November 14, 2014:

Greedy's

PIZZÉRIA

Apart from the usual reports of domestic violence and a few reported common assaults, San Ignacio police informs of a criminally quiet week.

Officer Commanding San Ignacio Police, Superintendent Dinsdale **Thompson** attributes the current condition to effective police mobile and foot patrol in busy areas and crime hotspots within San Ignacio and Santa

Another contributing factor is believed to be the no-nonsense conduct of the community magistrate Narda Morgan as well as increased employment provided by the various public projects currently underway

within the twin municipalities.

rl Reported Missing

SAN IGNACIO, Cayo, Thursday, November 13, 2014:

San Ignacio police is seeking one of their own for questioning in connection with a 15 year old female girl reported missing by her father.

The father informed that it was shortly after 7 o'clock on Wednesday morning, November 13 when his child left home heading to high school. Up to Thursday evening she has not returned home.

The girl was last seen at around 3:30 that same Wednesday evening, in her school uniform, walking on George Price Avenue in Santa Elena apparently heading towards San Ignacio which is in the opposite direction of her village home from the school she attends in Santa Elena.

The policeman being sought for questioning is currently on interdiction in respect of a report involving a female child.

The parents are praying for the safe return of their child.



Supt. Dinsdale Thompson

Transforming Victor Galvez Stadium

SAN IGNACIO, Cayo, Friday, November 14, 2014:

Financed by Petro Caribe loan funds, the Victor Galvez Stadium in San Ignacio is currently undergoing major transformation.

The project falls under the auspices of the Belize Infrastructure Limited (BIL), an agency of the government of Belize, charged with implementing a 30 million dollar investment in the upgrading of sporting facilities countrywide. In sharing this 30 million dollar investment pie, BIL is charged with expending an average of five million dollars in each of the six district towns countrywide.

Works on the Victor Galvez Stadium began in early October. The almost 1.2 million dollar contract was awarded to BCG Limited a construction company principally

owned by Salvador "Jun" Habet

The scope of the works, all in open air fashion, includes an impressive entrance for both vehicular and pedestrian traffic as well as the construction of two basket ball courts, two football fields, a half mile jogging track among of other major improvements including proper drainage, landscaping and the elevation of the low laying area of

Future plans to improve the facility, for which funding is currently being sought, include the construction of a community center as well as the refurbishment of a tennis court the foundation of which is already on the

In like fashion as with all Continues On Page 15





A Sad Day For The Opposition

Tuesday, November 18, 2014 will mark the first time in the post independence history of Belize that a party in government will be assembling a large gathering of supporters in Belmopan to demonstrate majority approval of its performance in government.

The nation is currently undergoing tangible, undisputed and unprecedented development in infrastructure as well as innovative and effective social programs.

These projects and programs have significantly increased the national standard of living particularly in the creation of thousands of new jobs thereby resulting in significant reduction in crime and violence all of which diminishes the opposition's chances for electoral victory.

This vast political advantage for the current **Dean Barrow** led United Democratic Party (*UDP*) government is primarily derived by way of the influx of finances into government coffers through the Petro Caribe arrangement between the governments of the Bolivarian Republic of Venezuela and Belize. These funds have been prudently managed and expended for the benefit of the people of Belize by the Government of Belize.

The availability of these funds has, for the very first time in the history of the nation, afforded a sitting government the capacity to financially address situations as they arise making almost obsolete the once usual excuse about "No money no deh".

The instant availability of government finances has significantly curtailed the opposition's chances of attacking the government on matters requiring financial solutions. Cases in point, the opposition

member for Belize Rural Central, a few months ago, stood in the House of Representatives, and attacked the government for the absence of a fire truck in a village in the constituency. Prime Minister Barrow's immediate response was "If it's fire truck you want, we will buy you a new fire truck".

More recently, during his Independence Day address, none other than the leader of the opposition, in an attempt to attack government on the situation along the western border with Guatemala, suggested that the time has come for the Belize Defense Force to add a helicopter to its assets so as to better monitor the border. Prime Minister Barrow responded instantly by informing that government will not purchase one but two helicopters for use by the Belize Defense Force to move troops as well as to enhance the army's capacity to monitor the border.

Even more recently, the opposition sought to throw a wrench into the US funded construction of a forward operating base, for the National Coast Guard on Hunting Caye. The US government's response was that Belize either allows the Guatemalan company to complete the construction or they will withdraw further financing of the project. A broke government would have either lapped its tail or abandon the project. Prime Minister Barrow rose to the challenge and informed that the Guatemalan contactor MUST GO and that his government WILL finance the construction through to full completion.

The economy is healthy.

Citrus is paying best prices ever. Sugar is doing well. The tourism industry is growing. There is excess liquidity in the banking system. Interest rates are at the lowest they have ever been in the history of Belize. The nation's foreign reserves held in the Central Bank of Belize stands at one BILLION dollars, the highest it has ever been in history. This is almost four times the statutory requirement. This particular success is more revealing when compared to the opposition's term in office when the nation's foreign reserves was depleted to a mere two weeks of imports way below the three months statutory requirement.

Government finances are in order. The nation is developing like never before. The United Democratic Party is serving a second term in office and is well on the way to serving a post independence historic third term in office. The UDP is poised to win all 67 seats in the March 4, 2015 municipal elections.

On the other hand, the opposition is in a leadership crisis, their elected area representatives are jumping ship. Despite telling the nation that, by the end of the week he would announce his party's slate for Belize City, the leader of the opposition has failed to do so. His blue eye, golden boy in Belize Rural North, the same one who wanted to be leader of the opposition, has been dishonorably put to political pasture.

Tuesday, March 18, 2014, 2014 will be a great day for all Belizeans who appreciate good governance, development and social justice.

Tuesday March 18, 2014 will be a sad day for the leadership of the opposition PUP.

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Happy Garifuna Settlement Day 2014! From The Management and Staff of Hode's Place

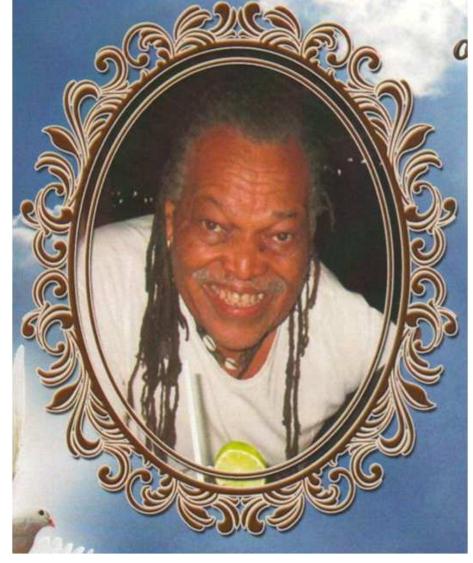


Death of Shaman and Friend Edward Jenkins

Edward Earl Jenkins, known as 'The Black Shaman of Belize', loved and respected by many in Belize, passed from complications of diabetes in his home in Succotz on November 10, 2014 surrounded by family and friends.

Edward, a loving father and guiding spirit, made Belize his chosen home in the 1970's. He raised four children in Belize, **Scott**, **Eddie**, **Tony** and **Ebony**. He was a selfless, kind hearted, generous and fun-loving man. He always had a warm smile for all and was a true listener. An oft-toldstory about Edward was he could make a housefly laugh with is his intoxicating laughter.

Trained as a massage therapist and in the art ofacupuncture, Edward spent many years of his adult life healing people in Belize. One woman remembers "My family and I met Mr. Jenkins 36 years ago when my sister, who was 16 at the time, could not move her body and doctors had given up...Mr. Jenkins made her walk again and regain her strength." Edward has helped numerous thankful others often treating them at little or no cost with skilful massage and precise acupuncture. Prior to his death, Edward was working at 'Mo Life' traditional healing center on 15



Edward Earl Jenkins

Sunrise September 4, 1937 Sunset November 10, 2014 Simpson Street in San Ignacio. He recently made a remarkable recovery from brain surgery and was back in practice with his partner Suzi Lawson.

Edward also was proprietor of a restaurant in Succotz where he made his home and made many friends over the years at his highway café across from the Xunantunich ferry

Belize has lost a truly great man, whose journey was a blessed one. He will be remembered and loved by his family and friends who will miss the happy twinkle in his eyes and deep voice and caring spirit.

Edward Earl Jenkins was laid to rest on November 12, 2104.

If you have remembrances you would like to share about Edward, please send them to:

remembrancesofedwardjenkins@gmail.com

You never know how strong you are until being strong is the only choice you have.

-Bob Marley

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A Happy Garifuna Settlement Day!!!





Symposium on Finding Healthy Foods in the Cayo District this Saturday

You are invited to attend a symposium on "Finding Healthy Foods in the Cayo District" this coming Saturday, 15 November, starting at 1 pm and finishing at 4 pm. It will be held at the Maya Mountain Lodge Conference Center at 3/4 mile on the Cristo Rey Road on the edge of Santa Elena. The two-part program will begin with demonstrations from 1-2 pm followed by short presentations by a number of the healthy food suppliers of the Cayo District. Cost for attending the presentations is \$5 for adults and \$3 for students. The first hour of demonstrations is free. The free demonstrations on "self help practices for healthier living" include yogurt making, green drink making, probiotic tonic making which

water filters will be demonstrated. Alternative grains and flours plus healthy oils will also be displayed.

The presentations and discussions on "Finding Healthy Foods in the Cayo District" from 2-4 pm will include facilitators/speakers from among the many providers of foods, both in raw form as well as prepared. These suppliers will share what they provide and listen to the needs of the consumers present. Questions and concerns from participants are very much encouraged. Hopefully out of this interchange will come the maturing of a healthy food industry and better availability of products. Among the presenters arrepresentatives of organic growers associations, of some of the health food stores, water filter suppliers, and healthy food restaurants.

This event is part of a monthly Healthy Living Series which will

include future presentations on natural therapy options in the Cayo District, exercise programs and gym options, nutrition and diet, mind-body-spirit balancing, and other options and programs. Healthy positive interchange and discussions as well as suggestions for future initiatives are welcome.

The Healthy Living Series is only one

of the series being hosted by the Maya Mountain Learning Exchange. Other series include alternative technology, Protecting our Environment, Parenting, Support groups for various medical conditions and weight loss, and more. For information on upcoming events or to participate as a presenter, please contact: Bart Mickler at 674-1919

"This is your UDP Government at work in the normal course Hon. Dean Barrow, Prime Minister of Belize

Cayo District

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HAPPY GARIFUNA SETTLEMENT DAY TO ALL BELIZEANS

FROM PUBLIC UTILITIES COMMISSION

Let's not Just Talk. Let the Work Progress.
God before Us and We Behind.



Readers Write



The Power Of One

Community activist Yaya Marin Coleman proves to one and all that if you see a wrong, you cannot be silent; you must make your position heard, loud and clear, even if you are the only one.

She has chosen to take to the streets with signs declaring that things must change.

In October, Yaya protested the hiring of a Guatemalan company to build a military outpost on Hunting Caye. First in front of the U.S. Embassy because it was the US Army Corp. of Engineers responsible for the construction, and then in front of the Prime Minister's office. She declared

she would be there, even if she were by herself, which for the majority of the time, she was.

This month she takes aim at the dreadful situation at the main police detention cellblock in Belize City. Just because a person is in custody does not mean they deserve to suffer deplorable conditions or be treated as less than a human being.

Yaya is sending a message that we need to speak out more. We need to take action and bring attention when we know something is wrong. We support you as your struggle is our struggle for justice.

George & Candy Gonzalez



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* COURTS PUNTA GORDA AND DANGRIGA BRANCHES WILL BE CLOSED FOR NOVEMBER 19⁷¹, 2014. CERTAIN CONDITIONS APPLY.



Bringing Value Home

Sinusitis

Sinusitis is an inflammation, or swelling, of the tissue lining the sinuses. Normally, sinuses are filled with air, but when sinuses become blocked and filled with fluid, germs (*bacteria*, *viruses*, *and fungi*) can grow and cause an infection.

Conditions that can cause sinus blockage include the common cold, allergic rhinitis (swelling of the lining of the nose), nasal polyps (small growths in the lining of the nose), or a deviated septum (a shift in the nasal cavity).

There are different types of sinusitis, including:

•Acute sinusitis: A sudden onset of cold-like symptoms such as runny, stuffy nose and facial pain that does not go away after 10 to 14 days. Acute sinusitis typically lasts 4 weeks or less.

·Subacute sinusitis: An inflammation

lasting 4 to 8 weeks.

•**Chronic sinusitis:** A condition characterized by sinus inflammation symptoms lasting 8 weeks or longer.

•Recurrent sinusitis: Several attacks within a year.

Who Gets Sinusitis?

People who have the following conditions have a higher risk of circuitie:

- ·Nasal mucous membrane swelling as from a common cold
- ·Blockage of drainage ducts
- ·Structural differences that narrow the drainage ducts
- ·Nasal polyps

·Conditions that result in an increased risk of infection such as immune deficiencies or taking medications that suppress the immune system.

In children, common environmental factors that contribute to sinusitis include allergies, illness from other

children at day care or school, pacifiers, bottle drinking while lying on one's back, and smoke in the environment.

In adults, the contributing factors are most frequently infections and smoking.

What Are the Signs and Symptoms of Acute Sinusitis?

Some of the primary symptoms of acute sinusitis include:

- ·Facial pain/pressure
- ·Nasal stuffiness
- ·Nasal discharge
- ·Loss of smell
- ·Cough/congestion

Additional symptoms may include:

- ·Fever
- ·Bad breath
- ·Fatigue
- ·Dental pain

Acute sinusitis may be diagnosed when a person has two or more symptoms and/or the presence of thick, green, or yellow nasal discharge.

How Is Sinusitis Diagnosed?

To diagnose sinusitis, your doctor will review your symptoms and give you a physical examination.

The exam may include the doctor feeling and pressing your sinuses for tenderness. He or she may also tap your teeth to see if you have an inflamed paranasal sinus.

Other diagnostic tests to assess the potential causes for sinusitis may include a mucus culture, nasal endoscopy, X-rays, allergy testing, CT scan of the sinuses, or blood work.

What Is Nasal Endoscopy?

A nasal endoscope is a special tube-like instrument equipped with tiny lights and cameras used to examine the interior of the nose and sinus drainage areas.

A nasal endoscopy allows your doctor to view the accessible areas of the sinus drainage pathways. Your nasal cavity may first be numbed using a local anesthetic (some cases do not require any anesthetic). A rigid or flexible endoscope is then placed in position to view the middle bone structure of the nasal cavity.

The procedure is used to observe signs of obstruction as well as detect nasal polyps hidden from routine nasal exam. During the endoscopic exam, the doctor also looks for any structural abnormalities that would cause you to suffer from recurrent sinusitis.

How Is Sinusitis Treated?

Treatment for sinusitis depends on its severity.

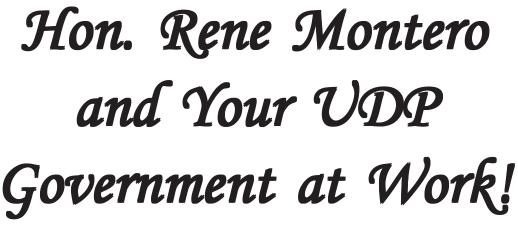
·Acute sinusitis. If you have a simple sinus infection, your health care provider may recommend treatment with decongestants like Sudafedand steam inhalations alone. Use of nonprescription decongestant nasal drops or sprays may also be effective in controlling symptoms. However, these medicines should not be used beyond their recommended use, usually four to five days, or they may actually increase congestion. If antibiotics are given, they are usually given for 10 to 14 days. With treatment, the symptoms usually disappear and antibiotics are no longer required. ·Chronic sinusitis. Warm moist air may alleviate sinus congestion. A vaporizer or inhaling steam from a pan of boiling water (*removed from heat*) may also help. Warm compresses are useful to relieve pain in the nose and sinuses. Saline nose drops are also safe for home use. Use of nonprescription decongestant nasal drops or sprays might be effective in controlling symptoms, however, they should not be used beyond their recommended use. Antibiotics or oral steroids may also be prescribed.

Other Treatment Options for Sinusitis

Addressing potential triggers or contributing factors is a key first step



Continues On Page 14





Your Weekly Horoscope and Lucky Numbers

ARIES:

March 22 to April 20

The power struggles that arise this week almost entirely will involve authority figures - parents, bosses, teachers, VIPs and the police. Many Aries people have a short fuse. You value your independence and you don't like to be told what to do. And you can be bossy! But hey, you value your peace of mind and want cooperation from others. If you have been working under intolerable conditions, don't wait until they are impossible. Make the change now. Introduce reforms in your life. Don't wait until you are ready to snap. If you are upset with authority figures, this is not the week to get them to listen to you. Stay chill.. Lucky numbers: 76, 85, 98.

TAURUS: April 21 to May 21

Ideological differences related to politics, religion and belief systems might create conflict for you this week. Just remember: you cannot reason someone out of an unreasonable position. They didn't get into that position by reasoning in the first place. Give this situation a wide berth. This energy could disrupt travel plans and might be potentially accident prone for travel. The main thing is to give others some breathing space and not insist on coercing agreement of others, especially about politics and religion. Just be content with your own viewpoint, and lighten up about proselytizing to others. You know who you are. Lucky numbers: 33, 62, 90.

GEMINI: May 22 to June 21

Nasty disputes about shared property, inheritances, taxes, debt and anything that you own jointly with others might erupt this week. The fact of the matter is, this is a poor week for these discussions. They are challenging at the best of times, but why enter into them when the "weather conditions" are bad for discussions. People will dig in their heels and not compromise - not an inch. Severe disagreements could become violent. Avoid dangerous neighbourhoods. Make an extra effort to protect your own property, especially if it is owned jointly with others. Keep a low profile and don't go looking for trouble. And remember that it's always darkest before it gets pitch black. Lucky numbers: 52, 71, 88.

CANCER June 21 to July 21

This will be a challenging week for you because this intense influence that is floating around this week will impact your close friendships and partnerships.

Many of you will have explosive arguments with loved ones. But you don't need to, obviously. For starters, postpone touchy subjects that could set off arguments. Wait a week to discuss these matters. Keep your head down and your powder dry. Just attend to your own business and don't take the bait if someone says something to upset you. Ironically, other planets are encouraging you to play and have a good time! Guard against sports accidents as well because competitors will be ruthless. Lucky numbers: 79, 82, 95.

LEO:

July 24 to August 21

Use all your Leo charm and charisma to keep the peace at work this week because coworkers will easily chafe at anything they could construe as an insult or a slight. And of course, you will feel the same way. Angry arguments will not give you any satisfaction. The fact is that anger has only one purpose, which is to create misery for everyone. Instead use this same energy to accomplish lots of hard work. This will give you a great sense of satisfaction and accomplishment. Physical effort is a great way to channel this aggressive energy. Lucky numbers: 19, 23, 47.

VIRGO: August 22 to September 21

This is an accident-prone week for your kids or children in your care so be careful. It's also an accident-prone time for sports both amateur and professional. Take precautions and avoid dangerous situations. This same unpredictable energy is also tough on romantic relationships, which will have flare ups and arguments. One way to use this intense energy is to tackle creative projects with vigour and physicality. You can also blow off steam by working out at a gym - but don't overdo it. Parents will need to be especially patient with children because these relationships will be challenging. Fortunately, your ability to communicate is excellent right now. Use your words to avoid problematic situations. Lucky numbers: 02, 17, 29.

LIBRA: September 22 to October 23

You are affected by your environment more than any other side. Lighting, smells, colours actually influence you. But what influences you the most are the vibes of those people around you. If people are angry and aggressive, this shatters your nervous system and peace of mind. This week it's all too easy to have domestic arguments and upsets at home. This could be because of renovations, repairs and an insane situation that is tough to cope with; or it could be because of a clash with family members. Whatever the case, be part of the solution and not part of the

problem. Use your physical energy to restore calm and order to where you live. **Lucky numbers: 06, 11, 30.**

SCORPIO: October 24 to November 21

Tread carefully this week because the Sun is in your sign giving you lots of energy. However, Mars is lined up with Pluto and squaring off with wild, unpredictable Uranus. This explosive energy lands in the part of your chart that deals with your everyday communications and your relationships with siblings. This means it will be easy to fly off the handle and rip a strip off someone. You are a willful sign, which also means you have a lot of self-discipline, if you want to exercise it. Demonstrate grace under pressure. Hold back an impulsive retort or sarcastic response. Take the high road for the benefit of yourself and others because you can do this. Avoid dangerous neighbourhoods and aggressive, unhappy people. Lucky numbers: 54, 78, 92.

SAGITTARIUS: November 22 to December 21

Quarrels about money, cash flow, possessions or something you own might easily erupt this week. You might have a big difference of opinion about something that is job-related, especially if it impacts your earnings. Do not overreact because what is the point of winning the battle if you lose the war? Don't quit your day job. Guard against hasty impulses. Do your best to keep a low profile until this ruthless, intense energy that is floating around this week blows over. By Saturday, things are mellow again and you can celebrate! Lucky numbers: 01, 14, 21.

CAPRICORN: December 22 to January 20

You're ready for bear this week. Mars and Pluto are lined up in your sign, which means you have an almost ruthless energy to get your own way. You will think you know best and you want everyone to follow your suggestions. You could be dictatorial. But this will get you nowhere. Others will simply resent you. Furthermore, they will lose their respect for you and you know you like to be respected. It takes years to build up a reputation that can be lost in one minute. Don't be a fool. Pull your punches and be ready to compromise or just say nothing. Guard your own health against accidents and aggressive situations. Avoid dangerous neighbourhoods. Lucky numbers: 38, 66, 73.

AQUARIUS: January 20 to February 18

Be careful this week because something going on behind the scenes

might suddenly erupt and grab you by the throat. Slow down and take it easy. Practice patience with everyone you meet, including your own family members. If you have been angry about something for a long time and have not expressed it - you might suddenly explode. Don't let something intolerable buildup within you. Take steps to remedy the situation. Don't be a victim of anyone or anything; and of course, don't victimize others. Meanwhile, you are high viz. right now because everyone notices you. For your own good, be on your best behaviour. Ignore vuja de, that feeling that this has never happened to you before. Lucky numbers: 07, 49, 57.

PISCES: February 20 to March 21

In many ways, this is a lighthearted, breezy time for you because you want to travel and explore your world so that you can discover adventure and learn new knowledge. This is the energy you want to encourage. Instead, battles with others, especially in group situations, might erupt. Essentially, these battles are simply a clash of egos where each party is determined they are in the right and they want to get their own way. Don't even get involved in this. Run the other way! You don't have to be a doormat but be advised that this week is not the time to stand your ground. Far better to escape to some luxurious place with great room service. Lucky numbers: 27, 34, 44.

Money Lenders Application

Notice for the publication in the newspaper of application for the moneylender's certificate

I, **Trinidad Juan**, hereby gave notice that I have applied to the Magistrate Court, at one of it's sitting in San Ignacio during the month of November 2014, for a certificate to be granted under me Moneylenders Act, Chapter 260 to authorize me to carry out business as a moneylender in the name of LUCKY PAWN located at Eve Street, San Ignacio Town in the Cayo District.

(1st Publication)



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Sinusitis

Continued From Page 10

in the management of sinusitis. To reduce congestion due to sinusitis, your doctor may prescribe nasal sprays (some may contain steroid sprays), nose drops, or oral decongestant medicine. If you suffer from severe chronic sinusitis, oral steroids might be prescribed to reduce inflammation — usually only when other medications have not worked. Antibiotics will be prescribed for any bacterial infection found in the sinuses (antibiotics are not effective against a viral infection). Anantihistamine may be recommended for the treatment of allergies. Antifungal medicine may be prescribed for a fungal sinus infection. Immunoglobulin (antibodies) may be given if you have certain immune deficiencies.

Will I Need to Make Lifestyle

Changes?

Smoking is never recommended, but if you do smoke, you should refrain during treatment for sinus problems. No special diet is required, but drinking extra fluids helps to thin secretions.

<u>Is Sinus Surgery Necessary?</u>

Mucus is developed by the body to moisten the sinus walls. In the sinus walls, the mucus is moved across tissue linings toward the opening of each sinus by millions of cilia (a hair-like extension of a cell). Irritation and swelling from an allergy can narrow the opening of the sinus and block mucus movement. If antibiotics and other medicines are not effective in opening the sinus, surgery may be necessary. Also, if there is a structural abnormality of the sinus such as nasal polyps, which can obstruct sinus drainage, surgery may

be needed.

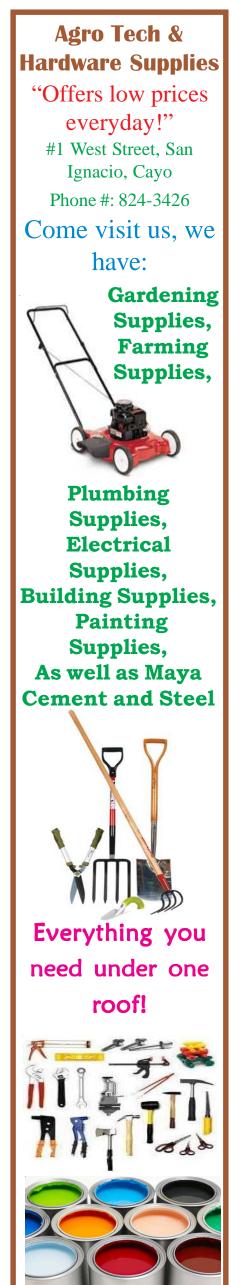
Surgery may be performed under local or general anesthesia using an endoscope. Most people can return to normal activities within five to seven days following surgery. Full recovery usually takes about four to six weeks.

A procedure called a "turbinectomy" may also be performed to shrink the swollen tissues of the nose. This can be done in your doctor's office and can take only a few minutes. The anesthetic used is very similar to that used in routine dental procedures.

Another treatment, called balloon sinusplasty, can also be done under local anesthesia in a doctor's office. With this procedure, a doctor can open up swollen, inflamed sinuses much like a heart surgeon opens blocked blood vessels to the heart with balloon angioplasty. The unblocked sinus can now drain mucus more freely.

What Happens If Sinusitis Is Not Treated?

Delaying treatment for sinusitis may result in suffering from unnecessary pain and discomfort. In extremely rare circumstances, untreated sinusitis can lead to **meningitis** or brain abscess and infection of the bone.





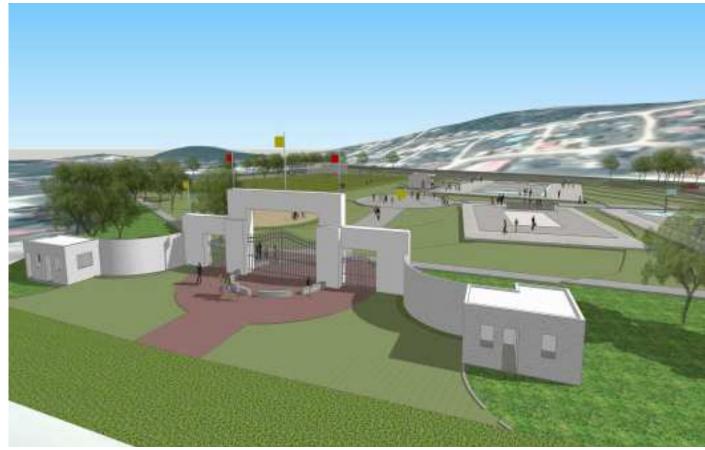
Transforming Victor Galvez Stadium

Continued From Front Page

infrastructural projects underway in Belize City, the transformation of the Victor Galvez Stadium is being implemented in a labor intensive manner in order to maximize the use of manual labor. The project boasts a workforce of 55 persons all from within the community. It is slated for completion in June 2015 thereby providing at least eight months of employment.

The contractor informed that in an effort extend benefits from the project, all materials are sourced from local businesses.

Apart from the Victor Galvez Stadium, the Falcon Field, also located in San Ignacio is undergoing major transformation. In Santa Elena, works is scheduled to commence shortly on the football field at the corner of Bishop Martin and Salazar Street.



Architechtural Concept Of The Victor Galvez Stadium

US-Mexico Border 'Patrolled By Drones'

The US government is using drones to patrol half of its border with Mexico, a report by the Associated Press says.

The strategy means that the US is increasingly able to move away from using large numbers of border patrol agents along the entire frontier.

The drones allow border control agents to focus on areas of "greater threat", says the report.

The US border immigration system is under pressure in the face of a worsening border crisis.

According to an investigation by the news agency, there have been about 10,000 drone flights since the new border control strategy began in March 2013.

The unmanned drones are being deployed in an effort to control 900 miles (1,450 km) of remote areas, allowing border patrol agents to focus their resources elsewhere, AP says.

Richard Gil Kerlikowske, the



commissioner of the Border Patrol's parent agency, Customs and Border Protection, said his agency only had *"finite resources"*.

Migrant Santos Tome Hernandes, 16, from Honduras, sits on the railway tracks in Huehuetoca,

outskirts of Mexico City 26 June 2014

Many children are trying to cross the border to the US alone

The drones focus on detecting small changes in the landscape such as footprints, broken twigs and tyre tracks

A border control agent is only sent to the area if the drone has picked up signs of human disturbance, said AP.

Drone patrols are expected to expand to the Canadian border in 2015, the news agency added.

Michael McCaul, a Texas Republican who chairs the House Homeland Security Committee, praised the approach but said that surveillance gaps still remain.

"We can no longer focus only on static defences such as fences and fixed [camera] towers," he said.

Civil liberties groups have previously expressed concerns over the use of domestic drones for surveillance, arguing that it could raise privacy concerns.

President **Barack Obama** is under pressure to fix the immigration crisis growing on the south-west border of the United States.

Over 50,000 unaccompanied children were caught trying to cross the border from Central America since October 2013.

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numbers: 54, 78, 92.

Your Weekly Horoscope and Lucky Numbers

ARIES:

March 22 to April 20

The more you try to assert yourself at the beginning of the week, the more muddled things get. Try directing your energy toward a volunteer project, a team endeavor or helping someone else. And listen up. Much better stuff comes your way around Wednesday and Thursday. You look terrific in the spotlight, though it may have a hard time keeping up with you! From Friday through the weekend, couple your natural enthusiasm with thinking things through, especially when it comes to expressing yourself. Well-chosen words (with heart!) find their mark now. Lucky numbers: 76, 85, 98.

TAURUS: April 21 to May 21

Get together with others early in the week, whether it's gathering input and expertise in a meeting at work, or seeing friends to laugh and talk things over. The more you open up, the better. Wednesday is good for starting something new, what with the surge of energy you've got coming. Just have a plan and stick to it somewhat! The days around Friday are all about you. You're highly productive in all areas of life, and if you've got love on your mind, now's the time to go for it — you're hot. On Sunday, though, take a second look at something or someone. Lucky numbers: 33, 62, 90.

GEMINI: May 22 to June 21

Someone's not saying exactly what they mean as the week gets going, and that someone might be you. Instead of hedging, don't be afraid to let someone know that you don't know — yet. You'll probably develop a better idea around Wednesday and Thursday, perhaps on the strength of some good advice or even an unmistakable sign. Moreover, what you say, even on the spur of the moment, has deep meaning. Friday and the weekend are more about questions than statements. Ask (and answer) some serious ones first, and things could get flirty on Sunday. **Lucky numbers: 52, 71, 88.**

CANCER June 21 to July 21

Your responses are right on target early in the week. Let your mind and heart both weigh in, and you'll be golden. (The way you say things is great, too — you have a way with words.) Then, before you get bent out of shape on Wednesday or Thursday, ask yourself if you might just be taking things a little too seriously. A further inquiry might reveal a lot and be a big relief, too. From Friday through the weekend, your unique charms are getting noticed. You're the star at a party, delightful on a date and generally wonderful (and wonderfully unpredictable) in any and all circumstances. Lucky numbers: 79, 82, 95.

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LEO:

July 24 to August 21

Save the drama as the week gets started. Instead of engaging in it, try a little more research to develop a better understanding. A partner's in the picture around Wednesday and Thursday, and two heads (or is it hearts?) are definitely better than one. Introduce a new idea to the two of you and see what happens. It's liable to be a great time. Around Friday and Saturday, you might be in a rebellious mode. Just consider carefully who or what you're challenging now — and why. You're low-key on Sunday, and a tete-a-tete looks to be very productive. Lucky numbers: 19, 23, 47.

VIRGO:

August 22 to September 21

Relationships might need a little breathing room at the beginning of the week. Instead of pushing an agenda, step back and see the real potential. If money's involved, it's very important to nail down the details around Wednesday and Thursday. Yes, it's a sensitive issue, but if you don't address it now, there could be trouble later. Looks like you're ready to branch out from Friday through the weekend, maybe solo, or perhaps with a partner in crime. Make a plan that allows for the random factor that's coming your way. Lucky numbers: 02, 17, 29.

LIBRA:

September 22 to October 23

It looks like something or somebody might throw you off early this week, but getting too riled up about it isn't the most appropriate response. If it's relationship related, there may be a way to find a compromise, and Wednesday and Thursday are prime for such discoveries. You can perceive new levels when it comes to situations, and you can also locate common ground now. Gratitude and smooth sailing are your reward, and from Friday through the weekend, your natural grace looks great. Romance is favored, too. **Lucky numbers: 06, 11, 30**

SCORPIO:

October 24 to November 21

An element of surprise works in your favor as the week gets started. Use that impeccable sense of timing to show just how jaw-droppingly great you can be. Then, around Wednesday or Thursday, it may be tempting to get into a tangle with someone. But what do you have to gain? It could get way stickier than you think. Expect some excitement on Friday or over the weekend. If you want things to get even more intense (and knowing you, you do), let your real feelings be known. Be a little vulnerable — and be ready for just about anything! Lucky

SAGITTARIUS:

November 22 to December 21 You'll need a serious kick-start if you want to get anything accomplished at the beginning of the week. Get the blood pumping with exercise and eat right for energy, and you might just be able to concentrate. When Wednesday and Thursday come, though, you're on fire — thinking fast, making the right moves and wowing anyone and everyone. Fanning the flames of romance is favored now, too. Duty of some sort calls this weekend, and if you get right on it, you might just be surprised by the pleasure you'll take in getting it done.

CAPRICORN:

Lucky numbers: 01, 14, 21.

December 22 to January 20

If you're going to email someone early in the week, call instead. Or, better yet, say it face-to-face. Your personal touch is terrific now, whether it's work related or personal. Expect some static around Wednesday or Thursday. Someone or some issue may be stressing you out, or your carefully planned schedule may get all mucked up. Just do your best and wait for things to smooth out, which should happen around Friday. Fun and love are highlighted through the weekend, with your powers of attraction seriously magnified. Sweet! Lucky numbers:38,66,73.

AQUARIUS: January 20 to February 18

What do you really want — and what's not going to cut it? It's heavy stuff for the beginning of the week, but don't get sidetracked from core values and goals. You'll be in a fine position to think bigger around Wednesday and Thursday, when your personal possibilities suddenly expand exponentially. Keep your schedule open now! Something that seems mundane on Friday or over the weekend has an odd element, one that demands attention. And starting Sunday, that odd element may have everything to do with love. Lucky numbers: 07, 49, 57.

PISCES: February 20 to March 21

Your generosity with affection and your honesty regarding emotions has enormous ripple effects as the week gets started. Dreams can come true now, perhaps in particularly unexpected ways! Life and love are a bit of a puzzle, though, around Wednesday and Thursday, and you might be missing a key piece. The person or occurrence you think has the answer probably doesn't. Look within, and get ready for things to make a lot more sense starting Friday. You can write your own ticket now. So where do you want to go? **Lucky numbers: 27, 34, 44.**



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Liquor License Notice

Notice is hereby be given that under the Intoxicating Liquor License Ordinance Chapter 150 of the Laws of Belize, Revised Edition 2000, BENIGNO CHAN is applying for a PUBLICAN SPECIAL liquor license for the year 2015 to operate Benny's Kitchen located in San Jose Succotz, Cayo District.

Notice is hereby be given that under the Intoxicating Liquor License Ordinance Chapter 150 of the Laws of Belize, Revised Edition 2000, **PETER MARGESON** is applying for a **RESTAURANT & BAR** liquor license for the year 2015 to operate **Ko-ox-han-nah Restaurant** located on Burns Avenue, San Ignacio, Cayo District.

Notice is hereby be given that under the Intoxicating Liquor License Ordinance Chapter 150 of the Laws of Belize, Revised Edition 2000, **ORLANDO & SONIA CASTELLANOS** is applying for a **PUBLICAN SPECIAL** liquor license for the year 2015 to operate **Rolson Cocina y Cantina** located at #24 Crenshaw Street, San Ignacio, Cayo District.

Notice is hereby be given that under the Intoxicating Liquor License Ordinance Chapter 150 of the Laws of Belize, Revised Edition 2000, MONOMER HASSAN is applying for a BEER liquor license for the year 2015 to operate Bang Bang Kitchen located at West Street, San Ignacio, Cayo District.

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