





**It's Just That The Opposition Is Always Wrong**

*"It is not that the UDP is right, it is that the PUP is always wrong"* PM Dean Barrow during one of his quarterly press conferences.

Of late, the United Democratic Party seems to be getting it all right while the opposition People's United Party continues to be always wrong. Last week it was the Prime Minister's visit to the Karl Heusner Memorial Hospital for medical treatment thus increasing the credibility of our nation's flagship medical facility. Few days later it was the airing of the *"Up Close Interview"* with the Prime Minister as he confronted and ably addressed matters of national interests. With the inability to attack anything said in the interview, the opposition PUP, through its official mouth pieces, has directed their attention to the cost of the clothes and the pair of shoes that the PM was wearing. In fact, what else does one expect from a political party, almost 20 years later, that continues to criticize the kind of watch worn by PM Dean Barrow.

This week it was Wednesday's Good News press conference featuring, again, the nation's maximum leader, Prime Minister, Dean Barrow informing of the good his government has done and more good yet to come.

In enters the leader of the opposition, still licking his wounds

after his party's sole flagging horse, the Elvin Penner matter fell by the wayside, publicly informing the nation that, probably from his experience as a lawyer, the matter is going nowhere. Nothing will come of it he rightfully informed. Notwithstanding, he said, we the PUP will continue to keep the issue alive. In legal circles, this is called wasting the court's time.

The United Democratic Party succeeded in conducting the biggest municipal convention ever resulting in over 3,000 supporters casting their ballots. On the flip side, the chairman of the opposition PUP informed that he was in Cayo this past Saturday to witness the endorsement of his party's candidate for the Cayo North constituency. *"It was a small convention"* admitted the PUP Chairman on is party's radio station on Monday, as only about a dozen of the delegates in the constituency attended.

The UDP is this Sunday preparing for the convention to elect the team of councilors which promises to be another big public event while the opposition is yet to find candidates for their Belize City slate.

The opposition mouthpieces on their radio station with limited transmission capacity, continues to disrespect public officers by threatening them with jail sentences if ever the

opposition should return to government all of this opposition disrespect to public officers is happening while the Prime Minister's

promised salary increases is this week finding its way into the pockets and bank accounts of all public officers and pensioners.

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**PUBLIC MEETING**

The Officer Commanding San Ignacio Police Formation extends a cordial invitation to the General Public for a Town Meeting which is scheduled for Wednesday 6th August, 2014 at 7:00 pm, at the Cayo Welcome Center in San Ignacio Town.

The purpose fo the meeting is to inform the General Public of the Crime Status and those attending should take note that the Crime Status and those attending should take note that their concerns and views will also be noted in order for the formation to address whatever is in its reach.

The General Public is encouraged to continue supporting the Police in its fight against crime.

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# UDP Ready!!!

**SAN IGNACIO TOWN, Sunday, July 27, 2014:**

The United Democratic Party (UDP) held its convention today at Sacred Heart Primary School in San Ignacio for the election of the party's slate to contest the March 4, 2015



**1. Bernadette Fernandez: 1,611** municipal elections for the twin towns of San Ignacio and Santa Elena.

The historic turnout of voters was impressive with over three thousand persons casting their ballots. Electors participating in the convention included those registered in Cayo Central, Cayo North and Cayo North East constituencies.



**Vanessa Neal: 1,342**

The convention was the only one in the nine municipalities in which election was held for both mayoral and



**Earl Trapp, 1,763**

councilor candidates.

Contesting the mayoral position where serving town councilors **Earl Trapp** and **Shary Medina** while the following sixteen candidates offered themselves to fill the six councilor



**George Boiton: 1,258**

positions.

Voting period began promptly at 10:00 am as scheduled. There was a steady inflow of voters throughout the day with not a single break in the lines throughout the entire eight hours of voting period. By the time the lines were officially declared closed at 6:00pm there was still over one hundred and seventy five voters in all five lines. The last ballot was therefore casted a little after 6:30 pm.

The counting began immediately

after the last ballot was cast. The results revealed that exactly 3,012 persons cast their ballots. After all 3,012 ballots were counted, the results were announced at around 11:45 pm, by the chairman of the United



**Nick Singh: 1,078**

Democratic Party, **Alberto August**.

In the mayoral contest, **Earl Trapp** with 1,763 votes defeated **Shary Medina** by 593 votes who received 1,170 votes. There were 79 rejected ballots in the mayoral contest.

On the councilors side, forming the



**Michael Salazar: 1,071**

UDP slate of councilors for the upcoming municipal elections in the twin towns are the six candidates, in order of highest number of votes received: 1. **Bernadette Fernandez**,

1,611 votes; 2. **Vanessa Neal**, 1,342 votes, 3. **George Boiton** 1,258 votes, 4. **Nick Singh** 1,078 votes, 5. Michael Salazar 1,071 votes and 6. **David Morey** with 1,043 votes.

The ten unsuccessful candidates are: 7. **Moses Chuc**, 895 votes; 8. **Malta Garcia**, 861 votes; 9. **Iliana Moreno**, 842 votes; 10. **Eduardo Cano**, 806 votes; 11. **Earl Aragon**, 801 votes; 12. **Charles Cabral**, 778 votes; 13. **Jose Lemus**, 742 votes; 14. **Ray Thompson**, 601 votes; 15. **Marco Coyoc**, 486 and 16. **Carlos Garcia**, 394.

The United Democratic Party convention team moves to the ITVET compound on Freetown Road in



**David Morey: 1,043**

Belize City this Sunday, August 3 for the convention to elect the 10 councilor candidates for the UDP Belize City Council slate which will be headed by the unopposed incumbent Mayor of Belize City, **Darrell Bradley**.

The party will then move into the official endorsement of mayoral and councilor candidates in the remaining seven municipalities all of which should finish by the end of August after which the party will be battle ready for the March 4, 2015 municipal election as battle lines are drawn for 67 seats countrywide being 9 mayoral and 58 for councilors.

# Guatemala's Ixil Mayans Bury Victims Of 1982 Massacre

The remains of 31 indigenous Ixil Mayans, killed at the height of the Guatemala civil war, have been buried in the country's north-west.

Hundreds of people attended the ceremony in Nebaj, Quiche province, singing hymns and burning incense.

The army attacked the village of Xecax in 1982, accusing locals of supporting a left-wing insurgency.

An estimated 200,000 people were killed in the 1960-1996 civil war, the vast majority of them indigenous Mayans.

The bodies of many of those killed had been burned and dumped in mass graves. The remains were exhumed four years ago.

Forensic experts have succeeded in identifying only eight of the 31 Xecax victims.

**Diego Rivera**, head of the North Quiche Victims Association, said it had been



**Hundred of people turned out to the funeral procession**

difficult to identify the remains because many had turned to ashes.

Guatemala's former military ruler, **Efraim Rios Montt**, is accused - among other charges - of ordering the deaths of 1,771

people of the Ixil Maya ethnic group during his time in office in 1982-83.

He has denied any responsibility.

Gen Rios Montt, 87, was convicted of genocide and war

crimes in May 2013.

However, the conviction was overturned by the constitutional court, which argued he had been denied due process.

A retrial is scheduled for January 2015.

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# PUBLIC UTILITIES COMMISSION



## EMPLOYMENT OPPORTUNITIES

The Public Utilities Commission (PUC) invites expressions of interest from suitably qualified and motivated candidates in respect of the following employment opportunities:

### **1. Director - Finance and Administration**

**Duties and Responsibilities:**

The **Director - Finance and Administration** is responsible for the general management and supervision of the finance and administration functions of the Office of the PUC, including but not limited to:

- a) Direct supervision of finance and administrative staff
- b) Development, implementation and operation of financial and accounting systems
- c) Preparation of annual budgets and reports
- d) Human resources functions, programs and plans
- e) Human resources development and training
- f) Consumer affairs and customer services functions
- g) Public relations and public education functions, programs and plans
- h) Processing of applications for licenses, authorizations, reports, documents, etc.
- i) Maintenance of registers of licensees, Byelaws, Orders, Decisions, Regulations, etc.
- j) Maintenance of office equipment and other relevant assets of the PUC
- k) Other relevant duties and responsibilities that may be assigned from time to time

**Qualifications:**

The successful candidate shall possess:

- a) Minimum of a Bachelor of Science Degree in Finance, Accounting, Business Administration or related field
- b) At least five (5) years' experience in a senior management position in comparable organization
- c) Outstanding interpersonal, planning, motivational and organizational skills
- d) Unwavering interest and commitment to the purpose, duties and responsibilities of the PUC

**Benefits:**

The base salary will be based on personal qualifications and experience, within the salary scale of BZ\$50,000.00 to BZ\$90,000.00 per annum. The successful candidate will be entitled to an annual gratuity of 20% of base salary and to twenty (20) working days' vacation annually. Successful candidates will also be entitled to participate in all benefit plans, if any, provided by the PUC to its employees generally, including its ongoing training program.

### **2. Consumer Affairs/Public Relations Officer**

**Duties and Responsibilities:**

The **Consumer Affairs/Public Relations Officer** is responsible for assisting the PUC in the regulation of licensees for all utility sectors particularly with respect to matters directly affecting consumers, including the handling of complaints, and to manage the public relations and public education functions of the PUC. Specific duties and responsibilities include, but are not limited to:

- a) Direct supervision of assigned staff
- b) Assist in the development and implementation of Byelaws, Regulations, Orders and methodologies or processes for handling of complaints against licensees in all utility sectors
- c) Planning and logistical control of public proceedings, meetings, conferences, workshops, etc.
- d) Assist, as appropriate, in the determination and setting of tariffs, rates, fees and charges in rate review proceedings or filings
- e) Assist in the collection and analysis of comments received from Interested Persons and the general public where required
- f) Assist in the maintenance and operation of the PUC Website
- g) Assist in the development of codes of practice for licensees and monitoring of licensees for compliance to such codes
- h) Assist in the Preparation of annual budgets and reports
- i) Other relevant duties and responsibilities that may be assigned from time to time

**Qualifications:**

The successful candidate shall possess:

- a) Minimum of a Bachelor of Science Degree in Communications, Public Relations or related field
- b) At least five (5) years' experience in a relevant position
- c) Outstanding interpersonal, planning, motivational and organizational skills
- d) Unwavering interest and commitment to the purpose, duties and responsibilities of the PUC

**Benefits:**

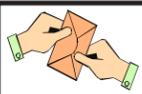
The base salary will be based on personal qualifications and experience, within the salary scale of BZ\$36,000.00 to BZ\$75,000.00 per annum. The successful candidate will be entitled to fifteen (15) working days' vacation annually. The successful candidates will also be entitled to participate in all benefit plans, if any, provided by the PUC to its employees generally, including its ongoing training program.

**Applications**

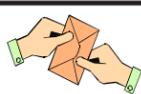
The deadline for applications for both positions is **5:00 PM on August 22, 2014**.

Completed applications along with two letters of reference should be sent to:

**Employment Opportunities  
Public Utilities Commission  
41 Gabourel Lane  
Belize City, Belize**



## Readers Write



### Saying Goodbye To Something You Love

*"And give my son Solomon the wholehearted devotion to keep your commands, statutes and decrees and to do everything to build the palatial structure for which I have provided."* 1 Chronicles 29:19 (NIV)

Cheri handed my crying baby to me, his little eyes swollen, his sobs subsiding into gulping sighs. Within seconds, Robbie calmed as I nuzzled him and kissed his sweet face.

I hugged my friend and thanked her for trying again to watch Robbie while I went back to work part-time. Again, my son refused a bottle and cried constantly. We both knew this wasn't going to work.

Forcing a smile, I turned quickly so she wouldn't see my tears. By the time I got to the car, I could hold them back no longer. Securing my son, I slipped in the driver's seat, put my head on the steering wheel and wept.

He was my third child, so I thought I had the mommy-thing figured out. Only Robbie didn't have the same personality or needs of his older brothers. They'd taken bottles easily. But

this child had a unique bond with me.

Not only that, but we couldn't just sit together; I had to be walking and rocking him. If that boy was awake, he needed to touch me and be moving, or the crying began.

My older sons, ages 2 and 4, weren't the quiet type either. Other children kept occupied with a bag of toys, crayons or paper. Not mine.

My life changed dramatically with the birth of my third son. As a result, I made the difficult decision to quit many things I enjoyed: my part-time job, leading children's ministry and teaching Bible study to name a few. Most days I just felt sad as the world seemed to pass me by.

A highlight was picking up a dozen donuts and a Diet Coke and heading to Cheri's house. She was the only friend who could tolerate my three rowdy children. And she also understood that Diet Coke offsets the calories in the donuts. The perfect friend!

I loved those little boys immensely. And not a day passed that I didn't thank God for them.

But I grieved what I'd left behind, and that grieving affected my enjoyment of the present.

I missed having position and authority at work. I longed for the sense of completion. Sadly, I thought my *"ministry"* was outside my home, and wondered when God would use me again.

Thankfully God intervened in a dramatic way, and I came to understand and appreciate the calling and cost of motherhood. God changed my heart and priorities, and the rewards have far outweighed the sacrifices. But it was still hard.

Recently, God brought those difficult years to mind as I read 1 Chronicles 28 and 29.

These chapters record King David passing his crown and assignment to build God's temple to his son, Solomon. In this decision, David gave up his position, authority, respect and purpose.

Did David mope and moan? Did he grab donuts and diet soda with a friend? No, the Bible tells us David **"praised the Lord in the presence of the whole assembly"** (1 Chronicles 29:10).

What follows is one of the most beautiful, humble prayers in the Bible. David's gracious actions and adoration for God inspired and moved hearts in the Jewish people.

After praying, Scripture tells us David invited the people to praise God: *"So they all praised the LORD, the God of their fathers; they bowed down, prostrating*

*themselves before the LORD and the king"* (1 Chronicles 29:20).

What a vivid contrast between my response and King David's when each of us gave up something we loved. David didn't grip the past tightly; he opened his hands and heart to embrace what God was doing in the present.

I can't go back to those early years, but with God's help and David's example, I can change how I respond in the future.

David had cultivated a life of praise, so when faced with loss, that habit elevated his response. David's trust in God was so great that he joyfully supported others who would build the temple he longed to build.

As I've addressed this personally, I've discovered praising God is at the center of contentment. As we praise Him, we find the assurance that He's got things covered ... even babies who cry inconsolably and our longing for significance.

It's there, in knowing God sees us and hasn't forgotten us, we find peace.

And it's there, in every walking-rocking-sleepless night, we find purpose.

My season of life is different now, but I'm still faced with saying *"goodbye"* to things I love. That *"little"* boy moves away to college next month, and I'm praying for an attitude like King David's — full of praise, grace and generosity of heart.

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# ★ STAR HUMOR

## The Transformation In Hell

An engineer dies and goes to hell. He's hot and miserable, so he decides to take action.

The A/C has been busted for a long time, so he fixes it. Things cool down quickly. The moving walkway motor jammed, so he unjams it. People can get from place to place more easily. The TV was grainy and unclear, so he fixes the connection to the Satellite dish and now they get hundreds of high def channels, although they still cannot watch Breaking Bad on AMC.

One day, God decides to look down on Hell to see how his grand design is working out and

notices that everyone is happy and enjoying umbrella drinks. He asks the Devil what's up?

The Devil says, *"Things are great down here since you sent us an engineer."*

"What?" says God. **"An engineer? I didn't send you one of those. That must have been a mistake. Send him upstairs immediately."**

The Devil responds, **"No way. We want to keep our engineer. We like him."**

God demands, **"If you don't send him to me immediately, I'll sue!"**

The Devil laughs. *"Where are You going to get a lawyer?"*

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## Devorce Vs. Murder

A nice, calm and respectable lady went into the pharmacy, walked up to the pharmacist, looked straight into his eyes, and said, *"I'd like to buy some cyanide."*

The pharmacist asked, **"Why in the world do you need cyanide?"**

The lady replied, *"I need it to poison my husband."*

The pharmacist's eyes got big and he explained, **"Lord have mercy! I can't give you cyanide"**

**to kill your husband, that's against the law. I'll lose my license! They'll throw both of us in jail! All kinds of bad things will happen. Absolutely not! You CANNOT have any cyanide. Just get a divorce!"**

The lady reached into her purse and pulled out a picture of her husband in bed with the pharmacist's wife.

The pharmacist looked at the picture and said, **"You didn't tell me you had a prescription."**

## Sometin Wong

Chinese man said to his wife, *"You white, me white, baby black, somtin wong"*.

Wife said to chiney man, **"You hot, mehot, baby bun!"**

Chiney man said, *"Ok, me andastan"*.

## Baby Es Mio

Spanish man says to wife, *"Nurse said that it tek nine months fu mek baby, but me only know you fu four and a half months and baby done bawn."*

Wife says to spanish man, **"You know me fu four and a half months and me know you fu four and a half months."**

Spanish man says, *"Es mio."*

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# Deal To Stop Migrants From Boarding La Bestia Train



**Most migrants board La Bestia in Arriaga and travel to Reynosa**

Guatemala, Mexico and the United States have reached a deal to try to prevent migrants from jumping onto a freight train in an attempt to reach the US, according to Guatemalan officials.

Tens of thousands of migrants stow away on the train, known as La Bestia (**The Beast**), every year.

Hundreds are injured or killed when they fall under its wheels. Many more are robbed or attacked by gangs.

The three countries said they would establish more checkpoints.

### Rising Flow

Guatemala's top immigration official, **Alejandra Gordillo**, said the deal was reached during meetings between Guatemalan President **Otto Perez Molina**, Mexican President **Enrique Pena Nieto** and US Vice President **Joe Biden**.

Mr Biden travelled to Central America last month to try to stem a growing flow of unaccompanied minors from

Honduras, Guatemala, El Salvador and Nicaragua sit on the roof of the trains heading north to the United States in search of work.

Many Central American migrants jump onto La Bestia on their way north, clinging perilously to its sides or sitting on its roof.

They are regularly targeted by criminal gangs, which rob them of their possessions or abduct them to force them to join their ranks.

Those who, exhausted, fall from its roof often lose limbs when they fall under the train's

wheels.

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Those who, exhausted, fall from its roof often lose limbs when they fall under the train's wheels. This is a very risky journey but many are eager to leave their homeland for a better life.



**Locals in Arriaga set up stalls selling bottled water and sleeping mats to the migrants the region to the US.**

According to US Homeland Security, 52,000 unaccompanied children arrived on the US border with Mexico between October 2013 and 15 June 2014.

### Risky Rails

Long freight trains clatter through the villages two or three times a day. Often, migrants from

**PUBLIC NOTICE**  
**EAST BLOCK & SOUTH BLOCK/GREEN HILLS EIAs**  
**(Agricultural Projects)**  
**EIA Lodgment & Public Consultation**

The General Public is hereby informed that *Spanish Lookout Community Corporation Limited* has applied to the Department of the Environment (DOE) for environmental clearance for two separate agricultural development projects, being **SOUTH BLOCK/GREEN HILLS & EAST BLOCK** situated in the Spanish Lookout Region Cayo District and Yalbac Area, Orange Walk District, respectively.

An Environmental Impact Assessment (EIA) has been prepared for each of these proposed development projects, and these have been submitted to the Department of the Environment. The EIAs will be reviewed by the National Environmental Appraisal Committee (NEAC) before a final decision is taken by the DOE. The General Public is hereby informed that the EIAs will be available for public review and to submit their comments on or before **August 26, 2014** to the Department of Environment at Market Square, Belmopan City; Fax : 822-2860; Tel: 822-2548; 822-2819 or E-mail: [envirodept@ffsd.gov.bz](mailto:envirodept@ffsd.gov.bz) or [doe.eiaunit@ffsd.gov.bz](mailto:doe.eiaunit@ffsd.gov.bz).

Kindly be informed that a **Public Consultation** for both EIAs will be held on **August 21, 2014** at 6:30 pm at **Country Side Park, Spanish Lookout Community, Cayo District**.

Copies of the report may be perused at the offices of: Chairman of La Gracia, Chairman of Los Tambos, Chairman of Yalbac, San Ignacio Library, the Spanish Lookout Corporation Office, the Department of the Environment Offices and at the DOE's website: [www.doe.gov.bz](http://www.doe.gov.bz).

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# Abdominal Pain

Just about everybody at one point or another will experience abdominal pain. Most of the causes are not serious and can be readily diagnosed and treated. However, pain can also be a sign of a serious illness. It's important to be able to recognize symptoms that are severe and know when to call a doctor.

## What Are the Most Common Causes of Abdominal Pain?

Whether it's a mild stomach ache, sharp pain, or stomach cramps, abdominal pain can have numerous causes. Some of the more common causes include:

- \* Indigestion
- \* Constipation
- \* Stomach virus
- \* Menstrual cramps
- \* Food poisoning
- \* Food allergies
- \* Gas
- \* Lactose intolerance
- \* Ulcers
- \* Pelvic inflammatory disease
- \* Hernia
- \* Gallstones
- \* Kidney stones
- \* Endometriosis
- \* Crohn's disease
- \* Urinary tract infection
- \* Gastroesophageal reflux disease (GERD)
- \* Appendicitis

## What Symptoms of Abdominal Pain Are Cause for Concern?

If your abdominal pain is severe or if it is accompanied by any of the following symptoms, contact your health care provider as soon as possible:



- \* Fever
  - \* Inability to keep food down for several days
  - \* Inability to pass stool, especially if you are also vomiting
  - \* Painful or unusually frequent urination
  - \* The abdomen is tender to the touch
  - \* The pain is the result of an injury to the abdomen
  - \* The pain lasts for several days
- These symptoms can be an

indication of an internal problem that requires treatment as soon as possible.

- \* Seek immediate medical care for abdominal pain if you:
- \* Vomit blood
- \* Have bloody stools
- \* Have difficulty breathing

\* Have pain occurring during pregnancy

## How Is the Cause of abdominal Pain Determined?

Because there are so many potential causes of abdominal pain, your health care provider will perform a thorough physical exam, discuss with you the type of symptoms you are experiencing, and ask you several questions about the pain you are feeling. These questions may include:

- \* What type of pain are you experiencing? Is the pain throughout your abdomen or is it confined to a particular area?
- \* Where in your abdomen does the pain seem to be located?
- \* What type of pain are you experiencing? Is it stabbing and severe? Is it a dull ache?
- \* When does the pain occur? Always? More often in the morning or at night? If the pain comes and goes, about how long does it last each time? Does it occur after eating certain types of foods or after drinking alcohol? During menstruation?
- \* How long have you had this pain?
- \* Does the pain also radiate into your lower back, shoulder, groin, or buttocks?
- \* Are you currently taking any

**Continue To Page 14**



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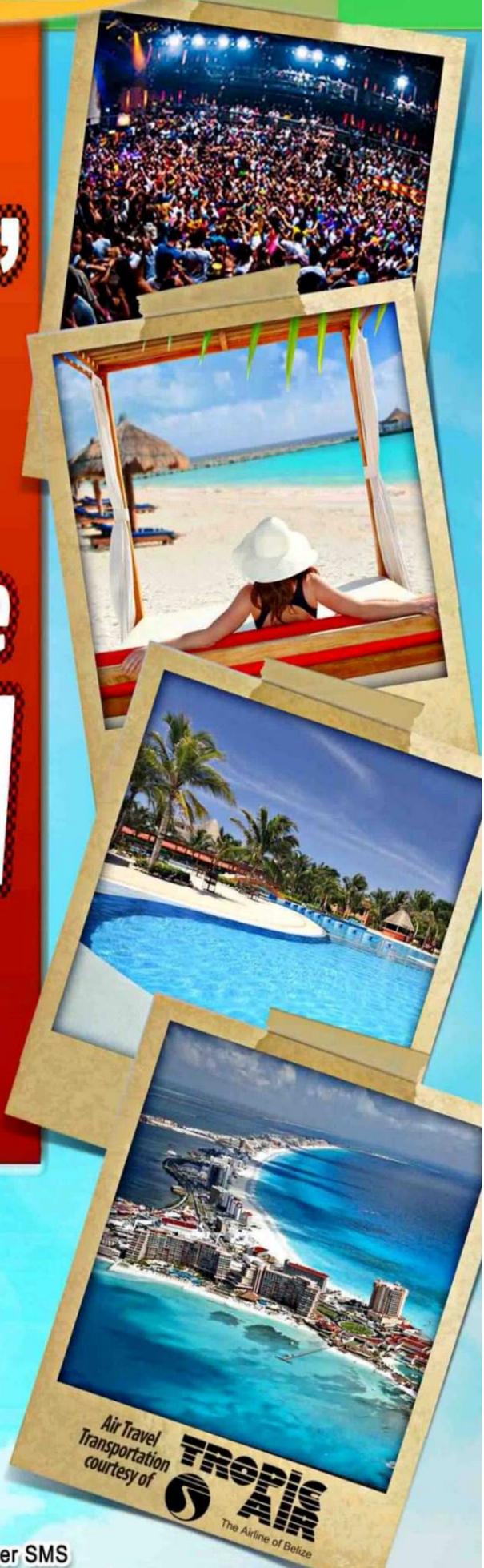
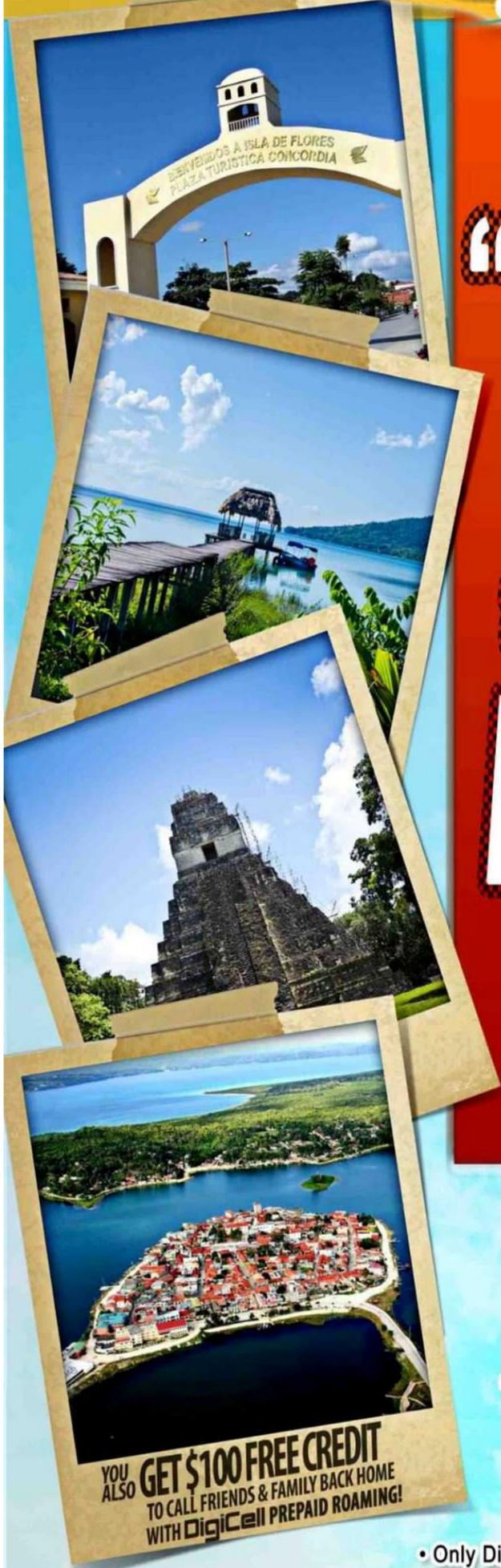
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## Your Weekly Horoscope and Lucky Numbers

### ARIES:

**March 22 to April 20**

Although homey affairs may claim part of your time and attention, the main focus is on leisure, pleasure, and enjoying yourself. You'll be in your element if you're the entrepreneurial type. However, a conflict or challenge could require a creative solution. As Mercury moves into Leo on Thursday it adds even more energy to your zone of romance and entertainment. This could be a time of energetic activity if you proceed with caution and don't give in to risk taking or recklessness. **Lucky numbers: 15, 27, 39**

### TAURUS:

**April 21 to May 21**

With a focus on domestic matters and family affairs your home is your castle this week and for some time to come. Mercury's entrance into Leo may encourage planning and organization associated with home-based projects or perhaps a spot of remodeling. However, it helps to confer with a partner before you go ahead. Differences of opinion could mean you clash on essential issues. Home entertaining could be positively delightful, especially this week when you may have more than one good reason to celebrate. **Lucky numbers: 32, 44, 58.**

### GEMINI:

**May 22 to June 21**

You may need intense focus to push past obstacles and overcome challenges. Narrowing your focus and concentrating on one goal might be the best way to make good progress. There's a very vital and lively energy showing up in your communication sector. If you're dissatisfied with your job, you might be tempted to look for something else, in which case this could be a great time to apply for jobs or schedule interviews. Be sure to promote yourself on your CV! **Lucky numbers: 04, 19, 29.**

### CANCER

**June 21 to July 21**

Things seem to be looking up as Mercury joins Jupiter in your financial zone. If previous months have been disappointing, this week and the months ahead may begin to make up for it. Use this opportunity to promote your goods and services, send out CVs, and make use of all your skills. With Mars now zipping through Scorpio, it's likely that creative efforts may have an intensely passionate streak that could earn you a lot of money if promoted in the right circles. **Lucky numbers: 62, 76, 88.**

### LEO:

**July 24 to August 21**

Mercury bops into your sign this week, adding even more emphasis to

self-expression, the sharing of ideas, and pursuing personal goals. You may be on fire with plans that you've been mulling over for some time. In fact, your enthusiasm could reach new heights when your entrepreneurial abilities and fabulous business sense go to work for you to reap rich financial rewards. But life at home could be a drain on your energy. The presence of Mars here could be the catalyst that helps overcome any challenges. **Lucky numbers: 72, 85, 97.**

### VIRGO:

**August 22 to September 21**

The week ahead could be one of successful activity along with a renewed level of energy. You can do very well if you can keep track of what you're doing without being tempted into risky moves. Paying attention to your intuition and even your dreams may provide helpful guidance along the way. The focus on your spiritual sector makes this a positive time for all kinds of practices, such as meditation, yoga, or anything else that soothes the spirit and calms the mind. **Lucky numbers: 09, 53, 69.**

### LIBRA:

**September 22 to October 23**

The accent on socializing is very pronounced, making this one of the best times of the year to connect with others, network, or date. As Mercury zips into Leo there will be even more reasons to accept invitations, attend events, and keep your social calendar fairly full. On another note, you could be pouring your energy into fixing your finances, which has to be a good thing. Career matters are also in focus, although you might need to make one or two compromises if you want to get ahead. **Lucky numbers: 49, 83, 94.**

### SCORPIO:

**October 24 to November 21**

You can't hide from the spotlight, although you might not exactly enjoy being there in the first place. Mercury's presence in Leo as of Thursday encourages you to focus on self-promotion. If you're hoping to get a new job, explore a different career path, or improve your business success, it's vital to do so. This month in particular offers many opportunities to impress the right people. Mars in your sign suggests keeping your plans to yourself until it makes sense to unveil them. **Lucky numbers: 11, 28, 36.**

### SAGITTARIUS:

**November 22 to December 21**

Can you resist the call of the wild? With a happy accent on expanding your horizons and entering new territory, the adventure may have only begun. This week you might want to commit to travel plans, or at least to

exploring various options open to you. You may also need time out to reflect more deeply on personal issues. Giving yourself the opportunity for deep healing and cathartic release could encourage a powerful inner transformation. The ability to let go may be essential in all of this. **Lucky numbers: 21, 43, 77.**

### CAPRICORN:

**December 22 to January 20**

Mars encourages you to mix and mingle with influential people, so your social life seems to be positively upbeat right now. An accent on business success might encourage you to move in entrepreneurial circles, which is all to your good. This may be one of the best times of the year for upsizing your business plan and aiming for the stars. The only mistake you can make is thinking too small. If you're hoping to make a certain sum of money, add a few extra zeros on the end for good measure. **Lucky numbers: 51, 67, 80.**

### AQUARIUS:

**January 20 to February 18**

You may be in relationship heaven

right now, especially if you're getting attention from all the right people. As folks continue to promote you behind your back, you may find job opportunities rolling in, and contracts, social invitations, dates, and much more. Naturally it won't happen at once, but by now you could be getting an inkling of what's to come. Along with this, your determination to succeed in your career is all to your credit. This is the time when you can aim high and have every chance of getting there. **Lucky numbers: 01, 48, 99.**

### PISCES:

**February 20 to March 21**

Lifestyle issues continue to be in focus, and this includes your job, health, and everyday routines and habits. The cosmos is currently encouraging you to think big - the bigger the better. The next important point is to make a plan to accomplish your dreams. If you can break a key goal into things you can do on a daily basis, there's no reason why you can't achieve it in style. At the same time, you may crave passion and change of the kind that can transform you on a deep inner level. **Lucky numbers: 23, 61, 79.**



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**LOWEST ROAMING RATES**

# Teacher Mar Laid To Rest

## Continued From Front Page

The married couple lived in Corozal Town for 10 years giving birth to three Corozalenos: **Marlon I (diseased), Marlon Zenaido** and **Mark Marchan**. They, subsequently, went to live in the West, in Cayo, where the Mars multiplied the family even more, giving birth to **Marvin Vincent, Marcel** and **Marjelic Carmen**, their only daughter. They also raised **Jose Luis Dominguez**, their foster son.

After high school, Agustina started her teaching career, a career which spanned 36 years, at Ranchito Government School in Corozal. She, subsequently, taught in other schools in Corozal, including her alma mater, before she obtained her Teacher's Diploma from the Belize Teachers College in 1986. After Teachers College, she bade goodbye to the school children of Corozal resuming her teaching at the schools in the Cayo District: Sacred Heart, Santa Elena, Faith Nazarene and Howard Smith Nazarene. She mostly taught infants in the lower division, and besides being a teacher she was also at times Vice Principal and even Principal. Miss Mar, the teacher, never forgot

her pupils and she could always be heard saying: *"Oh, yes, I taught him/her. He/she was a fine young man/woman!"*

The beloved and loving Agustina was a dedicated teacher and an even more dedicated wife, mother and grandmother. Her family was most important to her and she made sure God knew that, pouring out her heart daily unto Him praying, petitioning, beseeching, pleading, asking and always giving thanks. **"Hear my voice when I cry, Oh Lord; and have mercy also upon me and answer me"**. She felt that every day her family needed the protection of God so every day she cried out to God covering her family in prayers.

As a teacher Agustina would regularly attend the church for the school where she taught. However, it was after retirement, and enlargement of the family to include in-laws and grandchildren, that she sensed she really needed God in her life. The start of the year 2014 saw a transformational change in her life as well as in the life of her husband, Zenaido, when both, independently, sought the God of creation and found a merciful, heavenly Father. Jesus

became her all: Savior, Lord, Confidante, Healer and her hope. Being a woman to whom family is important, she quickly embraced the Santa Elena Lighthouse Foursquare Church family as her own and included both families in the celebration of life, whether it was a birthday celebration or, as evidenced today, her joyous reunion with her Beloved Jesus Christ, Son of God.

One of my most memorable expressions of love is framed by Agustina and Zenaido attending church together, submitting one to the other. Recently, Zenaido, her beloved husband of almost 39 years, honored her at church, publicly thanking God for her and telling her from the altar that he loved her, that she was a precious wife to him and humbly asked her to forgive him. Agustina responded to his love, glowing with the same radiance as on the day they got married, and, humbly, asked Zenaido to also forgive her. What a joyous time that was for Agustina, the healing power of God through forgiveness where love is restored and the heart strengthened to face tomorrow and to keep on hoping for the health and wellbeing of her

beloved family. She blossomed in the peace of God, and if our Lord had allowed, she would have kept on glorifying God, working as the faithful servant that she is for the continued expansion of His kingdom.

At church she once asked in full humility if she would be allowed to take up the offering. In fact, her life itself is a pleasing offering to God. Today, we have the assurance that she is before her Lord who lovingly accepts her offering as a fragrant aroma before Him and personally welcomes her home. We also have the knowledge that in heaven the prayers of the saints that burn as incense before the enthroned King of Kings carries Agustina's prayers: **"Lord, save my family!"**

Losing her is painful and fills us with unbearable sorrow but knowing that her passion and love for Jesus made her an over-comer, worthy to sit at the throne of Jesus who also overcame and now sits at the throne of God, we have the strength to rejoice and to whisper a prayer today saying: **"Thank you Jesus!"**

May the Lord of comfort be with us in this time of mourning.

Amen



*Everything In The Universe Has Rhythm, Everything Dances.*

*Maya Angelou*

*"This is your UDP Government at work in the normal course"*

Hon. Dean Barrow, Prime Minister of Belize



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## Abdominal Pain

### Continued From Page 10

medications or herbal supplements?

- \* Are you pregnant?
- \* Does any activity such as eating or lying on one side relieve the pain?
- \* Have you been injured recently?

Once an initial evaluation has been completed, your health care provider may have you undergo some tests to help find the cause of your pain. These may include stool or urine tests, blood tests,

barium swallows or enemas, an endoscopy, X-ray, ultrasound, or CT scan.

### How Is Abdominal Pain Treated?

Treating abdominal pain depends on its cause. Treatments can range from medications for inflammation, GERD, or ulcers, to antibiotics for infections, to changes in personal behavior for abdominal pain caused by certain foods or beverages. In some cases, such as appendicitis and a hernia, surgery is necessary.

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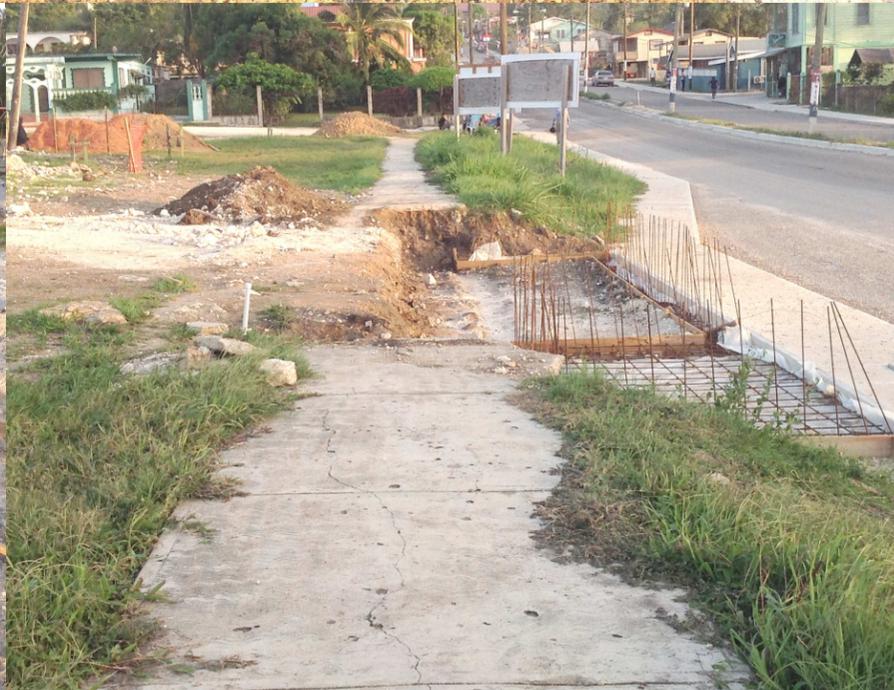
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# Transforming Falcon Field And More

SANIGNACIO TOWN, Cayo, Thursday, July 31, 2014:

With all the activities happening you might be wondering what is happening on Falcon Field in San Ignacio? It's the commencement of the rolling out of projects countrywide under the Belize Infrastructure Limited (BIL) an initiative of the government of Belize and in particular the Prime Minister **Hon. Dean Barrow**.

The government of Belize has committed a whopping 30 million dollars, five million for each of the six districts, for the transformation of major sporting facilities. In transforming the concept to reality, Prime



Minister Barrow spoke of the implementation of "**Signature Projects**" in all six districts of the nation. "**Something**" he said "**of which every Belizean should be proud**".

The Falcon Field is one of those

possibilities that will be transformed to reality. The project entails the spending of over 1 million dollars for the total transformation of this sporting facility. It includes the construction of a roof over the basketball

court and other major improvements that will drastically enhance this sporting facility.

A transformed Falcon Field will be complemented with major improvements, now nearing completion, on the adjacent

Joseph Andrews Drive.

Other "**Signature Projects**" to be undertaken in the Cayo district include works on the Victor Galvez Stadium, the Broaster Stadium and the Santa Elena Football Stadium. Also in the Cayo district, the Isidoro Beaton Stadium in the capital city Belmopan will undergo total transformation.

While these "**Signature Projects**" are being implemented countrywide, another spin off of this venture is the hundreds of jobs that will be created.



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